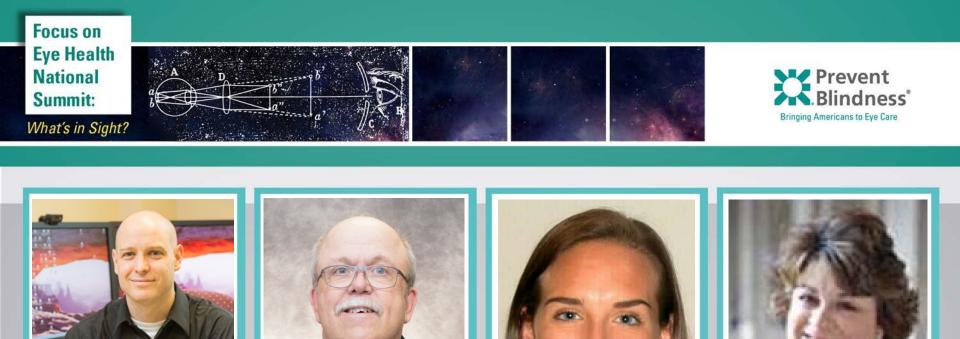


Spotlights on States Engaging in Aging Eye Health





Panel moderator: Christopher Maylahn, MPH, New York State



Dean VanNasdale, OD, PhD, The Ohio State University Marcus J. Molea, AICP, MHA, Ohio Department of Aging Betsy Cagle, Alabama Department of Public Health

Kay L. Wenzl, MPA, CSW, Nebraska Department of Health and Human Services





Dean VanNasdale, OD, PhD Assistant Professor vannasdale.1@osu.edu





Centers for Disease Control and Prevention

Vision Health Initiative (VHI)





https://www.cdc.gov/visionhealth



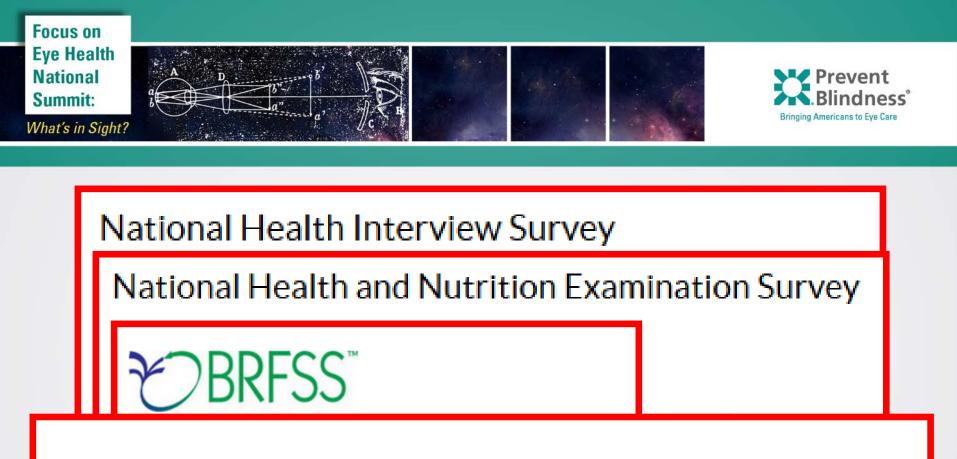
Where the Data ResideBRFSSNHANES







NHIS



The Variability of Vision Loss Assessment in Federally Sponsored Surveys: Seeking Conceptual Clarity and Comparability

JOHN E. CREWS, DONALD J. LOLLAR, ALEX R. KEMPER, LISA M. LEE, CYNTHIA OWSLEY, XINZHI ZHANG, AMANDA F. ELLIOTT, CHIU-FANG CHOU, AND JINAN B. SAADDINE



Where the Data Reside

BRFSS

NHANES

NHIS



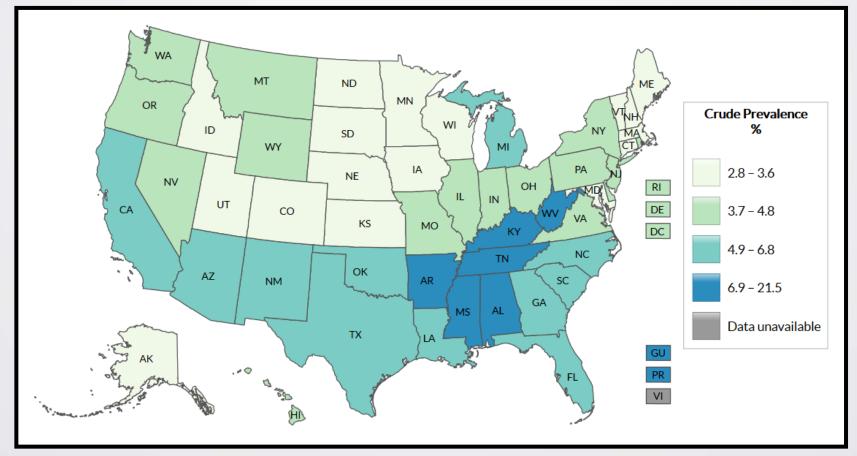




"Are you blind or do you have serious difficulty seeing, even when wearing glasses?"

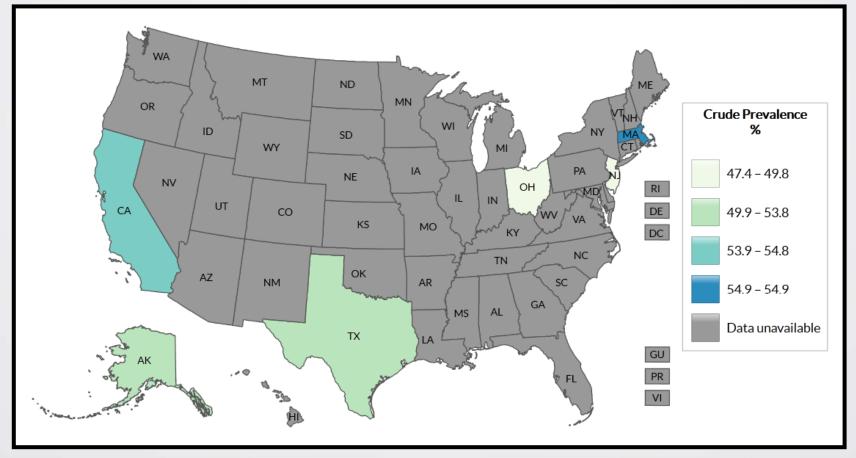


Vision Impairment in the United States





Vision Impairment in the United States





Multi-state Assessment

- Analyze data across 3 states
 Alabama, Nebraska, Ohio
- Analyze data across multiple years
 2013, 2014, 2015
- BRFSS
 - Additional Data Sources
 - American Community Survey



Takeaway Finding 1

Diabetes

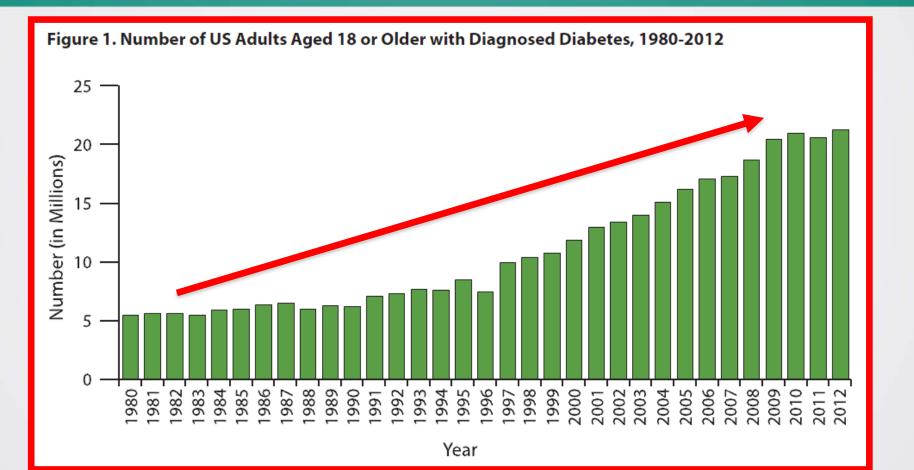
Those reporting no vision impairment

AL	NE	ОН
11.94%	8.57%	11.07%

-Those reporting vision impairment

AL	NE	ОН
26.96%	24.96%	22.55%





http://www.cdc.gov/diabetes/pdfs/library/diabetesreportcard2014.pdf

CDC Home

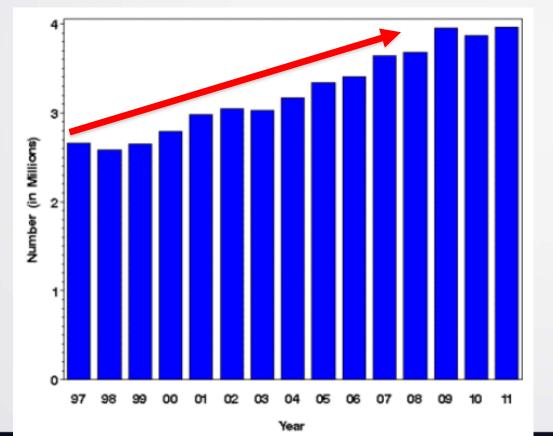


Centers for Disease Control and Prevention

CDC 24/7: Saving Lives. Protecting People.™

A-Z Index A B C D E F G H I J K L M N O P Q R S I U V W X Y Z

Diabetes Public Health Resource



Diagnosed Diabetics Reporting Visual Impairment

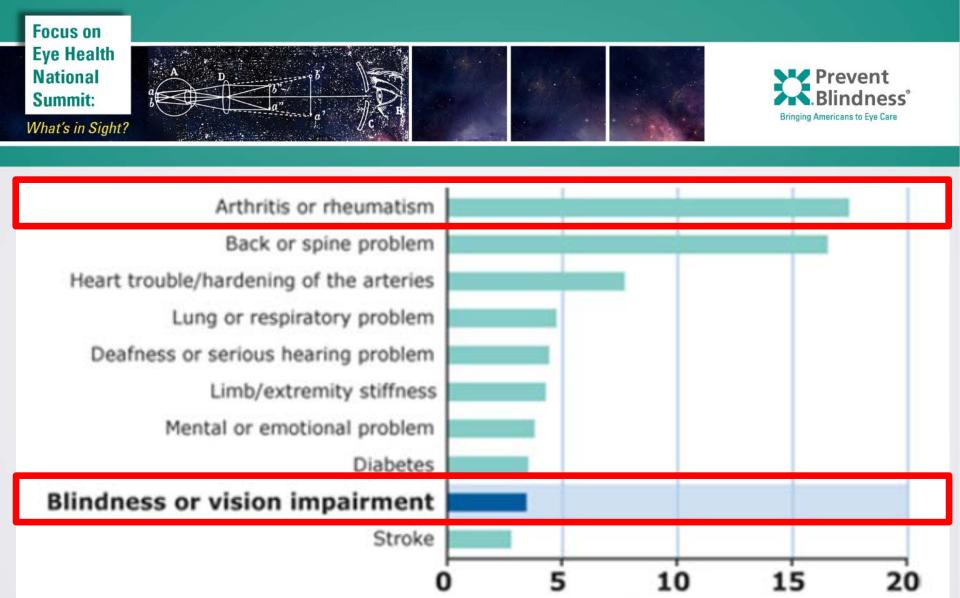
1997: 2.7 million 2011: 4.0 million



Takeaway Finding 2 Arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia

Those reporting no vision impairment

	AL	NE	OH
	32.09%	23.91%	29.56%
-Those reporting vision impairment			
	AL	NE	ОН
	61.58%	48.70%	58.95%



Percentage

Source: Centers for Disease Control and Prevention. Prevalence of disabilities and associated health conditions among adults-United States, 1999. MMWR 2001; 50(7):120-125.

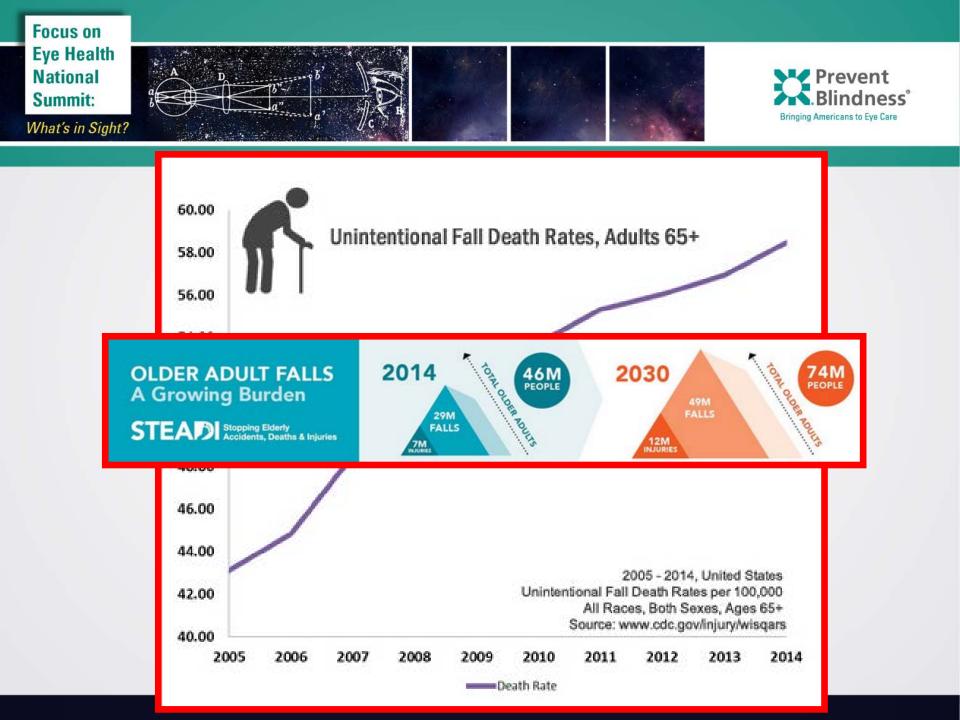


Takeaway Finding 3

Serious difficulty walking or climbing stairs

Those reporting no vision impairment

	AL	NE	OH
	17.89%	9.87%	13.30%
-Those reporting vision impairment			
	AL	NE	ОН
	57.07%	46.82%	45.22%





Takeaway Finding 4

Limited in any way in any activities because of physical, mental or emotional problems

-Those reporting no vision impairment

	AL	NE	ОН
	25.36%	16.93%	20.69%
-Those reporting vision impairment			
	AL	NE	ОН
	63.22%	55.72%	57.60%



CLINICAL SCIENCES

Association Between Depression and Functional Vision Loss in Persons 20 Years of Age or Older in the United States, NHANES 2005-2008

Xinzhi Zhang, MD, PhD; Kai McKeever Bullard, MPH, PhD; Mary Frances Cotch, PhD; M. Roy Wilson, MD, MS; Barry W. Rovner, MD; Gerald McGwin Jr, MS, PhD; Cynthia Owsley, PhD, MSPH; Lawrence Barker, PhD; John E. Crews, DPA; Jinan B. Saaddine, PhD





Marcus J. Molea, MHA Chief, Strategic Partnerships, Ohio Department of Aging



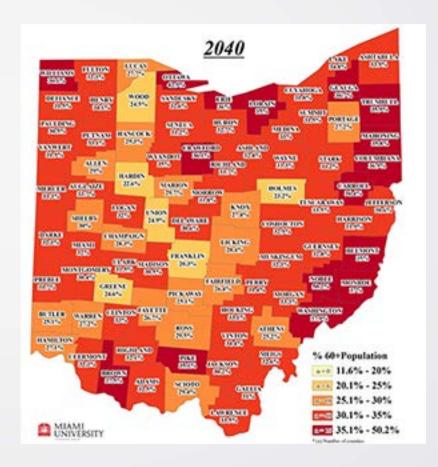
Ohio's Vision and Eye Health Initiative

- The goal of this initiative is to improve vision and eye health through interventions that advance vision and eye health as public health priorities.
- The AEPPP has joined with the Ohio Public Health Association's Vision Care Section, The Ohio State University College of Optometry, the Ohio Department of Aging and the Ohio Affiliate of Prevent Blindness to implement Ohio's Vision and Eye Health Initiative.





- An estimated 3.6 million
 Ohioans have vision problems and as the population ages this number will only increase!
- The estimated annual financial impact to the Ohio economy due to vision problems, refractive errors, visual impairment, and blindness is \$5.4 billion.





Characterize the Public Health Impact of Eye Disease and Vision Loss.

Through the Ohio Public Health Association's Vision Care Section (OPHA VCS)/The Ohio State University College of Optometry, we have aggregated and analyzed existing vision-related public health data generated through the BRFSS, the census, and other state and national mechanisms to quantify the economic and personal impact of eye disease and vision loss in Ohio. This will quantify the magnitude of the impact of vision loss.

Ohio's Vision and Eye Health Initiative



Promote Systems Change to Prevent Vision Loss and Enhance Access to Eye Care.

Through Ohio's Aging Eye Public Private Partnership, the Ohio Department of Aging (ODA) and Prevent Blindness Ohio have **convened stakeholders** to address issues related to **vision care public policy**, **vision care services**, **public and professional awareness** and **vision research** that affect the quality of life for Ohio's aging population now and in the future.

Ohio's Vision and Eye Health Initiative





Ohio's Aging Eye Public Private Partnership

A statewide collaboration preparing for the growth of aging eye challenges in Ohio

Created by Executive Order in 2003 and supported by the Administrations of Governors Taft, Strickland and Kasich



Member Organizations:

Health Services Advisory Group

NASA John H. Glenn Research Center

Ohio Association of Area Agencies on Aging

Ohio Association of Gerontology and Education Ohio Agencies Serving the Blind and Visually Impaired

Ohio Department of Aging

Ohio Department of Health

Ohio Department of Insurance/OSHIIP

- Ohio Ophthalmological Society
- Ohio Osteopathic Association

Ohio Optometric Association Ohio Public Health Association Ohio Veterans Visual Impairment Services Team Opticians Association of Ohio Opportunities for Ohioans with Disabilities Prevent Blindness, Ohio Affiliate State Senator Capri Cafaro State Representative Mike Duffey





Dr. Rafat R. Ansari Vision Research Senior Scientist NASA John H. Glenn Research Center



Stephanie M. Loucka Director, Ohio Department of Aging





Bonnie K. Burman, Sc.D. Director (2011-2016) Ohio Department of Aging



Bonnie K. Burman provided testimony to the National Academies of Sciences, Engineering, and Medicine, (NASEM), Health and Medicine Division on Public Health Approaches to Reduce Vision Impairment and Promote Eye Health held in Washington DC.



Advocacy and Awareness

- Co-chaired by Jaqueline Davis, OD, MPH-The Ohio State University College of Optometry
- Marcus J. Molea, Chief, Strategic
 Partnerships Division, Ohio
 Department of Aging

Vision Research

- Co-chaired by Heithem El-Hodiri, PhD-The Research Institute at Nationwide Children's Hospital
- Andrew Hartwick, OD, PhD-The Ohio State University
 College of Optometry



How the AEPPP Addresses the Growth of Age-Related Eye Diseases

- **Build partnerships and collaborations** to provide input to various state agencies and organizations concerned with Ohio's aging population to insure a consistent and comprehensive statewide plan of action.
- Advise and make recommendations as to ways of increasing awareness about the growing future vision needs of Ohio's aging population.
- Examine and recommend best practices for seniors in the area of identifying eye problems and maintaining healthy eyes.



11 Policy and Program Recommendations

- 1. Integrate adult vision messaging and strategies into existing efforts at the Ohio Department of Health (i.e. tobacco cessation, primary care and rural health, diabetes prevention and control, health promotion, falls prevention) and include both adult and child vision issues, including aging vision, in state and local health improvement planning.
- Support measures that increase multidisciplinary vision screening practices and facilitate mechanisms for follow up care.
- 3. Support and advocate for comprehensive and corrective preventive eye/vision care services for adults in the state Medicaid budget.



Policy and Program Recommendations

- 4. Support and advocate for comprehensive and corrective preventive eye/vision care benefits for all Medicare recipients.
- 5. Establish adult vision screening as an essential benefit to the Medicare annual medical exam.

See Remaining Recommendations in AEPPP Annual Report:

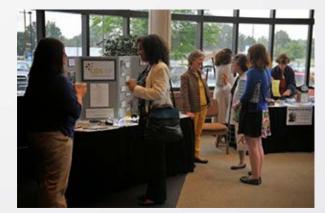
https://ohio.preventblindness.org/ohios-aging-eye-public-privatepartnership











Aging Eye Research Summits







Fellowship Award Recipients



Vision for Tomorrow





Public Private Partnership A statewide collaboration preparing for the growth of aging eye challenges in Ohio

2016 Report to the Governor and the Ohio General Assembly

Annual Report, Directories and **Fact Sheets**



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Vision Problems are Growing Half of all blochess can be present but the number of Distance who

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at low light simplicity is associated with diabetic retinopathy. The risks of dalactic retrogathy are reduced through disease management and regular, professional eye examp. Treatments that can slow progression include drug thanapy, loser treatments, and vitrectorry. There is n

Gautanta Lauran Da kins of peripheral or othe stator. Once shalon is line, 8 cannot be revisived. Remaining vision usually can be saved with treatments including madicines, lower trateculoplasty, rorver surgery or a cambination of any of these, Glawoma is more



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sio's Aging Eye Public Private Partnership c/o Prevent Bindness 60 201 2020 (will fee) = 1 414 444 2020 (effec) = 1 414 481 4920 (lac ahis preventionders ang bines aging eye public private partnership

By the Numbers: Vision Problems in Ohio

The number of Ohio residents with impaired vision, including blindness, could double in the next three decades with the growth of the aging population. An estimated 3.6 million Ohioans have vision problems and, as the population ages, this number will only increase?

- * 88,546 people age 50 and older have age-related macular degeneration
- * 991,628 people age 40 and older have a cataract
- = 105,889 people age 40 and older have open-angle glaucoma
- * 264,631 people age 40 and older have diabetic retinopathy

Other



Explore the Human Eye and Experience Common Aging Eye Diseases Using Augmented Reality

or Couple New

2 While in "AB (FE" mude, aim your desire's convers at the Image to the left for a sixtual walk through af an eye and how it works to the laft for a sittlast wells Top each part of the eye.







Legislative Breakfasts and Briefings









Awareness Raising and Educational Activities





Donna Pusecker



Implement Promising Interventions Related to Vision and Eye Health

- Research indicates that low vision is a key cause of falls among older adults, that falls are the leading cause of eye injury and that falls and the fear of falling result in a loss of independence.
- Ohio has taken the momentum and collaboration developed through Ohio's AEPPP and STEADY U falls prevention initiative and is developing a collective impact strategy that improves vision and eye health, and reduces falls and associated injury among older adults.

Ohio's Vision and Eye Health Initiative





Preventing Falls... One Step at a Time

www.steadyu.ohio.gov

STEADY U Ohio is a comprehensive falls prevention initiative led by the Ohio Department of Aging and supported by Ohio government and state business partners to:

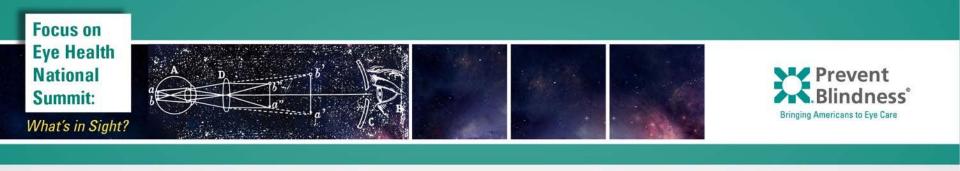
- strengthen existing falls prevention activities,
- identify opportunities for new initiatives, and
- coordinate a statewide educational campaign to bring falls prevention to the forefront of planning for individuals, families, health care providers, business and community leaders and all Ohioans.



A Matter of Balance is an awardwinning, evidence-based falls intervention. After six months, participants report more control over factors that could cause them to fall, increased exercise and activity levels and fewer falls. They feel more comfortable talking about their fear of falling and plan to continue exercising. Ninety-eight percent of participants would recommend A Matter of Balance to their friends and loved ones.

A Matter of Balance is available from community-based providers in all 88 Ohio counties.







 The Department of Aging and Prevent Blindness Ohio are crosstraining new A Matter of Balance coaches in the Adult Vision
 Screening Training Program and encouraging current coaches to take the training to add this process to the falls prevention curriculum.





An extended 3.6 million Ohioam have vision problems and the number of Ohio residents with impaired vision, including blindness, could double in the next three decades. Data from the 2013 Vision Problems in the U.S. report indicate alarming increases in the four leading causes of assion loss: age-related macular degeneration, cataracts, openangle glaucoma and diabetic retinopathy.

The economic impact of vision problems in Ohio is \$5.4 billion annually in both direct and indirect costs.

Age related eye diseases increase the likelihood of debilitating fails by older Ohioans. According to the Centers for Disease Control and Prevention, Ohioans age (5 and older who have an age-related eye disease were 51.7 percent more likely to have fallen than peers without an eve disease. This is the usth highest rate of falls among all states. Of those who full, 30 to 30 percent suffer moderate to severe injuries that make it hard for them to get around or live independently. Failing once doubles the chances of failing again, threatening the health and independence of older adults and likely resulting in higher medical costs.

Eye diseases can not only lead to a fail, fails are the leading cause of eye injury, according to research from the American Academy of Ophthalmology.

Falls are an existence among our eithers and are the number one cause of injuries leading to FR visits, hospital stars and deaths in Ohioans age 65-plus. An older Ohioan fails every minute on average, resulting in an injury every five minutes. an emergency department visit every six minutes, two hospitalizations each hour and three deaths each day. The sumber of fatal fails among older Ohioans increased more than 202 percent from 2000-2015. The total estimated cost of falls (medical costs, work loss, etc.) is \$1.9 billion annually in Ohio-

one. The Economic Burdeni of Vision Loss and Eps Disorders in the United Rates, Prevent Mindress America, Amer 2013 Trends in Spe Related Hospitalizations, 125th annual marting of the American Academy of Ophthalmology, Nov. 2021

Falls/Vision Fact Sheet

Together We Can Reduce Vision Loss and Falls

The Centers for Disease Control and Prevention lists "having yearly eve exams" among its recommended fall prevention strategies for older Americans, Nowever, a large number of people who have problems with their evenight don't visit eye doctors because of the cost or because they don't have health insurance that covers eye care, according to a 2011 CDC survey. The survey also showed that others don't get regular eye exams because they don't think they have eye problems or have no transportation to get to doctors officia.

Ohio's Aging Eye Public Private Partnership, the Ohio Department of Aging, Prevent Blindness and our many partners are working together to help older Ohioans access vision care and prevent falls.

STEADY U Ohio and A Matter of Balance



STEADY U Ohio is an intensive statewide, community-driven fails evention initiative, supported by Ohio government and state business partners, to ensure that every county, every community and every Ohioon knows how they can prevent fails.

The Ohio Department of Aging and STEADY U partners collaborate to offer A Matter of Balance, a community based, award-winning program available in all 88 Ohio counties. The program consists of small-group workshops. that help participants learn to recognize and address various factors in their lifestyle that may be increasing their risk of falling, including a fear of falling. Through group discussion, problem-solving activities, assertiveness training, exercise and skill building, participants are empowered to:

. View fails as something they can control: . Set goals and increase their activity levels: Make changes around their homes to reduce falls risks: Upon successful completion of the training.

. Exercise to increase strength and balance.

Workshop leaders are not health professionals, but people who have made a commoment to stay falls free and have been specially trained to help others maintain healthy, active

Mestyles free from fails and fails related injuries. For more information about STEADY U and A Matter of Balance, please whit were steadys phip ery or call 1-866-243-5678 to be connected to the area agency on aging serving your community.



Adult Vision Screening Training Program

According to the National Commission on Prevention Priorities, vision screening is one of the 25 health services that offers the greatest potential for preventing future disease, as well as for improving quality of life.

Prevent Blindness trains individuals from organizations to offer vision screening with their other programming to assist in the early identification of vision problems and provide eye health education

After completing the Adult Vision Screening Training Program, individuals will be able to:

· Perform near and distance visual acuity screenings, . Educate people about aging related eye diseases and disorders, and

· Assist in setting up referrals.

participants will be nationally certified to provide vision screenings for three years.

The Department of Aging and Prevent Blindness are cross-braining new A Matter of Balance coaches. in the Adult Vision Screening Training Program and encouraging current coaches to take the training to add this process to the falls prevention curriculum. For additional information on Adult Vision Screening Training, piease call Prevent Blindneys at 1-800-301-2020, ext. 112 or email info@pbohia.org

The Ohio Department of Aging and our STEADY U partners - state agencies, community and business leaders, as well as service providers - are working to prevent falls, one step at a time.



Obio's Aging Eye Public Private Partnership c/o Prevent Blindness 1 600-301-2020 (toll-free) + 1 614-464-2020 (office) + 1 614-481-9670 (tax) ohio preventbilindness.org/ohios aging eye public private partnership



- The work of Ohio's AEPPP is supported entirely by donated funds, products and services from member organizations, as well as contributions from private sources.
- Prevent Blindness serves as the **fiscal agent** for the partnership.
- Support for educational materials, advocacy, printing, supplies and meeting expenses have been provided by:
 - Case Western Reserve University Department of Ophthalmology
 - Ohio Departments of Aging and Health
 - Prevent Blindness, Ohio Affiliate
- The Vision Research Fellowship
 Program is supported by a grant
 from the Sarah E. Slack Prevention
 of Blindness Fund, Muskingum
 County Community Foundation and
 the Levin Family Foundation.



Contact Information

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614-752-9167 mmolea@age.ohio.gov



https://ohio.preventblindness.org/ohios-aging-eye-public-privatepartnership





Betsy Cagle

Injury Prevention Branch Director, Alabama Department of Public Health



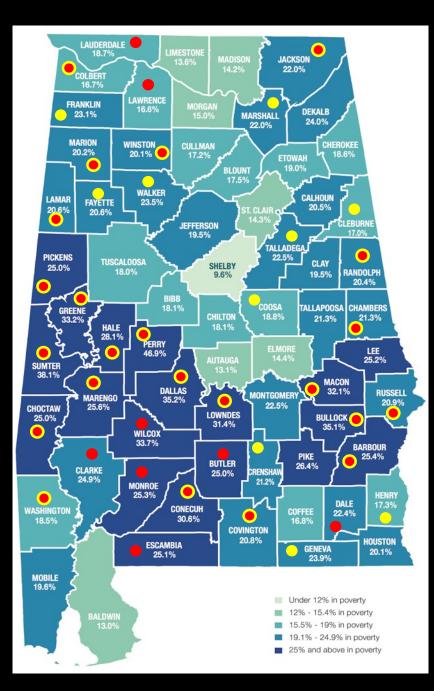
Project Partners

- Alabama Department of Public Health
- Alabama Vision Coalition
- Eyesight Foundation of Alabama
- Alabama Optometric Association
- Alabama Rural Health Association
- Providers from pharmacy, podiatry, optometry, dentistry

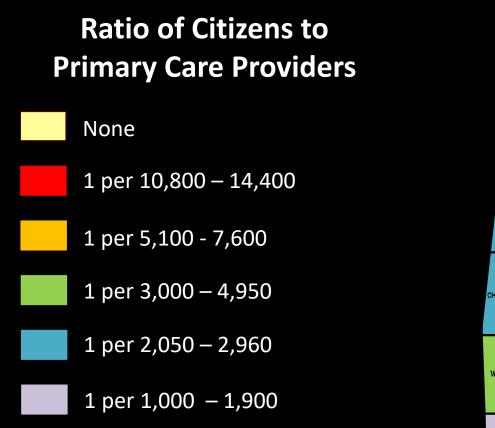


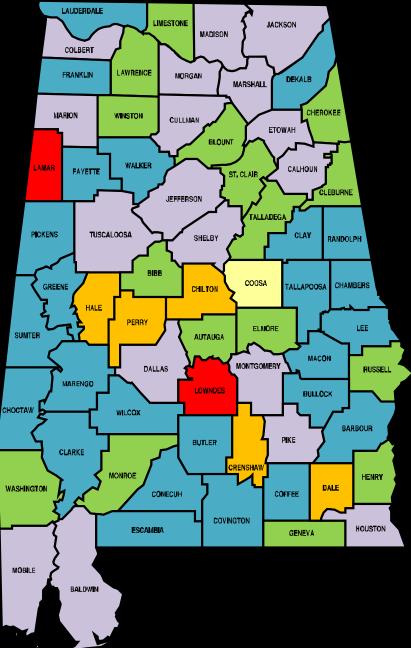
Poverty, Vision Loss, and Diabetes Prevalence by County

- 3.73% or more of county residents report vision loss
- Diabetes prevalence at or above 12.2% (among Medicare, Medicaid, and Blue Cross Blue Shield beneficiaries)
- 3.73% or more of county residents report vision loss AND diabetes prevalence at or above 12.2% (among Medicare, Medicaid, and BCBS beneficiaries)







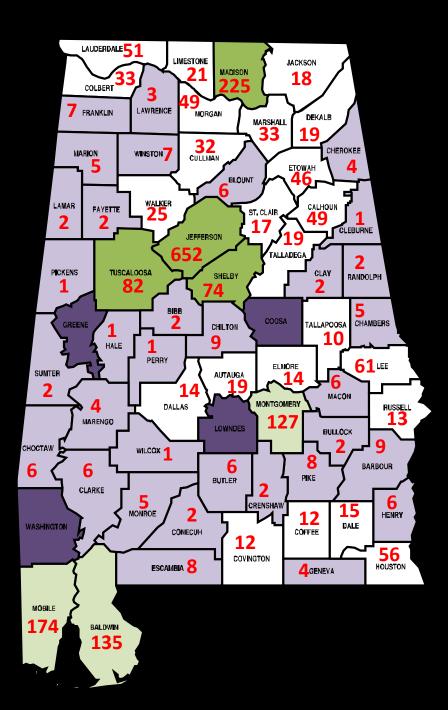


http://www.countyhealthrankings.org/app/alabama/2015/measure/factors/4/map



Dentists in Alabama

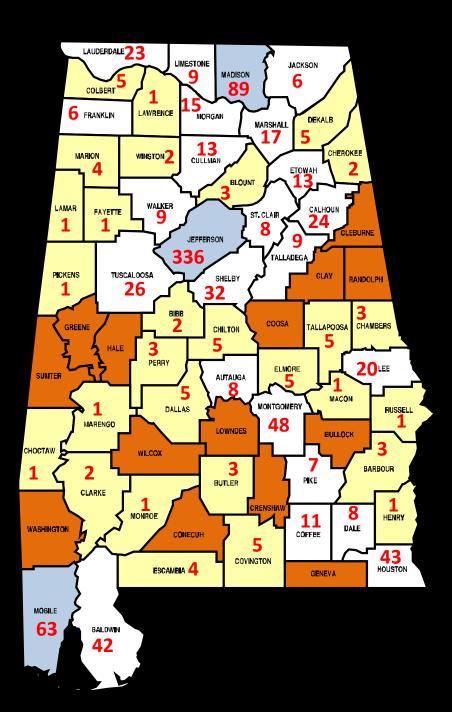
- 2,244 licensed dentists in Alabama.
- Over 65% (1,469) are in the 7 most populated counties: Baldwin, Jefferson, Madison, Mobile, Montgomery, Shelby, and Tuscaloosa.
- Half (33) of Alabama's counties have fewer than 10 licensed dentists.
- 4 counties have no dentists.





Optometrists and Ophthalmologists in Alabama

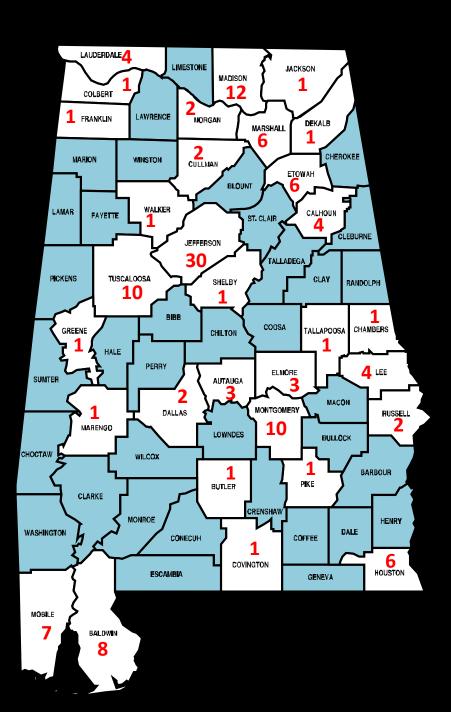
- 961 licensed optometrists and ophthalmologists in Alabama.
- More than 50% (488) of the licensed eye doctors are in the 3 most populated counties: Jefferson, Madison, and Mobile.
- 41% (28) of Alabama counties have fewer than 5 licensed eye doctors.
- 14 counties have 0 eye doctors.





Podiatrists in Alabama

- 134 licensed podiatrists in Alabama.
- Over 50% (36) of Alabama counties have 0 licensed podiatrists.



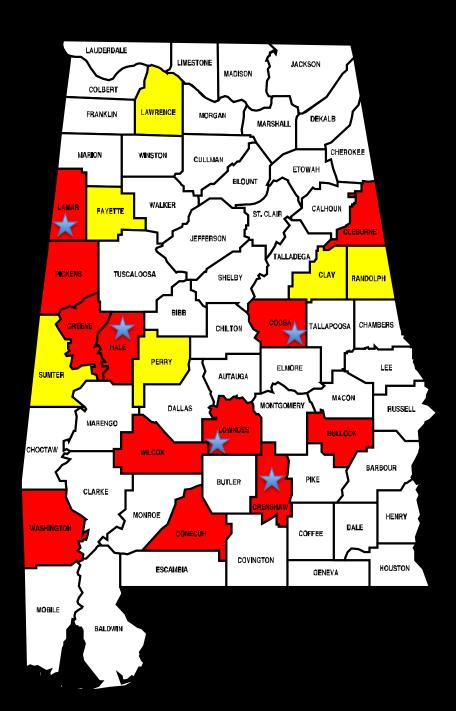


Alabama Counties with 5 or Fewer Providers and Diabetes Prevalence Above 10.6%

Alabama Counties with 6-10 Providers and Diabetes Prevalence Above 10.6%



Ratio of citizens to primary care providers higher than 7,000:1





Project Activities

- Data Maps
- PPOD Network Development
- Diabetic Retinopathy Screening Plan
- Elevating Awareness of Vision Risks and Connections to Chronic Disease
- Public Service Announcements



Unexpected Wins and Breakthroughs

- Awareness
- Partnerships
- PPOD Networking
- Information Sharing
- Telemedicine Screening



Lessons Learned

- Data is all over the place
- Many obstacles to accessing care
- Lasting impact will require policy changes



Future Plans

- Strengthen Partnerships
- Website
- Education
- Find Gaps in Services to Children





Kay L. Wenzl, MPA DHHS Health Promotion Unit Administrator



Catherine's Macular Degeneration Story





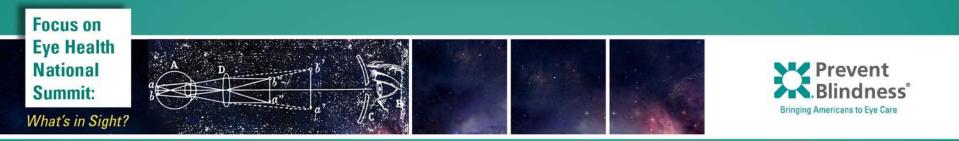
What did we learn?

- Existing data, but not much
- Needed more data from BRFSS
- Agencies, partners in Nebraska addressing eye and vision health, but information not centralized
- Challenge to initiate activities with minimal staffing and then minimal contractual services



What did we do?

- Expanded BRFSS survey to include the vision module
- Stakeholders meeting held focus on elders and vision needs
- Reviewed vision impairment data and its influence on other topics



What did we accomplish

- Website dedicated to eye vision health in Nebraska
- Facts sheets from data
- Eye disease information documents
- Centralized listing of resources and service agencies



Next Steps

- Continue BRFSS data collection for vision module
- Coordinate stakeholder meeting and develop partnerships
- Develop additional fact sheets/materials



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