



### A Vision for the Future: Designing an Evidence-Based, Universal Approach to Ensure Children's Vision and Eye Health

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#### Children's Vision & Eye Health

 Ensuring healthy vision in very young children promotes healthy development and an improved ability to learn







### The Critical Need for Early Identification and Treatment

Development of Vision Infancy, 0-3 years Lea Hyvärinen et al., 2014.









## Effect of Supported Accommodation









#### Challenges

- Vision problems are present in 1 in every 20 preschool-age children in the U.S.
- Only 1 in 5 children screened by the age of 5







### Challenges

- Currently, there is no uniform approach for:
  - funding vision and eye care for children,
  - screening procedures,
  - frequency of screening,
  - referral criteria,
  - follow-up methods, and
  - data collection





#### National Center for Children's Vision and Eye Health

- Goal: Create a public health infrastructure that promotes a comprehensive system of vision care and eye health for all young children through:
  - Identifying and eliminating barriers to eye care
  - Establishing and implementing system improvements to reduce duplication of services & improve communication among providers
  - Providing resources to vision screeners, providers, and families
  - Supporting national efforts for children's vision and eye health







## What We Know: Children's Vision & Long Term Health

- Undiagnosed and untreated amblyopia has a detrimental impact on development leading to long term impacts
  - self-esteem, physical ability, learning
- Early vision problems can impair pre-reading skills and may predispose to early learning problems
- Cumulative costs savings and improved quality of life with early intervention, when most readily treatable and relatively inexpensive





#### **GAME CHANGERS**





# Recommendations from the National Expert Panel: Children 36 months to <72 Months

- The recommendations are published in the January 2015 issue of Optometry and Vision and focus on
  - Recommended Practices; Proposed Data Systems; Proposed Data Definitions
- Vision Health Systems for Preschool Age-Children website hosted by NCCVEH:
  - http://nationalcenter.preventblindness.org/new-recommendations-vision-health-systems





### Recommendations from the National Expert Panel

- All children 36-72 months should be screened annually (Best Practice)
  - At least once between 3<sup>rd</sup> and 6<sup>th</sup> birthdays (Minimum Standard)
- Vision screening requires training and certification of personnel with recertification every 3-5 years
- Vision screening programs must use adequate space, equipment, and supplies





### Recommendations from the National Expert Panel

- Screening results must be communicated to:
  - Parents
  - Medical home/primary care provider
  - School
  - State agency
- Referral to ophthalmologist or optometrist when indicated
- Establishment of a robust data system that:
  - Is integrated with other health data
  - Accepts data from educational, community, public health settings, primary care and eye care
  - Is monitored for system performance





# NCCVEH Empowering Key Stakeholder Groups to Ensure Early Detection and Treatment

- Evidence-based vision screening practices and improved follow-up to eye care
- Integrated data systems to improve surveillance
- State and national-level performance measures to track program accountability



