



Q & A



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Our Vision Is Vision®

Third Annual
FOCUS ON EYE HEALTH
National Summit

Wednesday
June 18, 2014
National Press Club • Washington, DC

Diabetes Education:
We have built it, why don't they come?

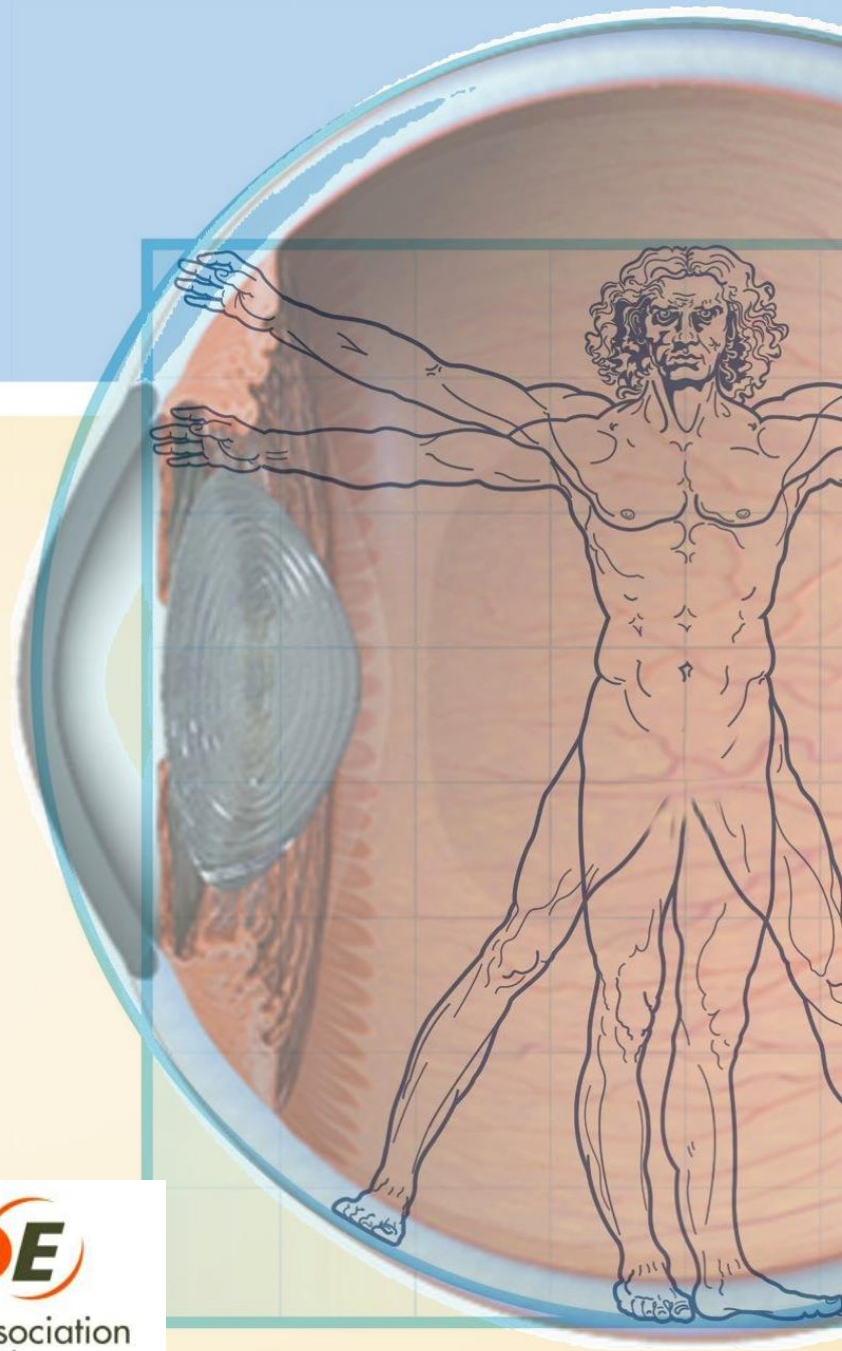
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American Association
of Diabetes Educators





Diabetes Self Management & Education



Crucial
Before
Insulin
was
Discovered
in
1921



DSME - CMS Benefit Since 2002

- 10 hours of DSMT/E & support along with 3 hours MNT
- Process: assessment, implementation of education plan, and reassessment
- It covers
 - AADE 7



Healthy eating

Being active

Monitoring

Taking medications

Problem solving

Healthy coping

Reducing risks

Recognized Programs

- 2 organizations presently qualify education programs as meeting the standards

<http://www.diabeteseducator.org/ProfessionalResources/accred/Programs.html>



http://professional.diabetes.org/erp_zip_search.aspx

Diabetes Care November 2012 vol. 35 no. 11 2393-2401

Diabetes Education Patient Benefits

- Studies have shown people who receive diabetes education:

Use primary
care /
prevention
services

Take
medications as
prescribed

Control glucose,
blood pressure,
LDL cholesterol

Have lower
health costs

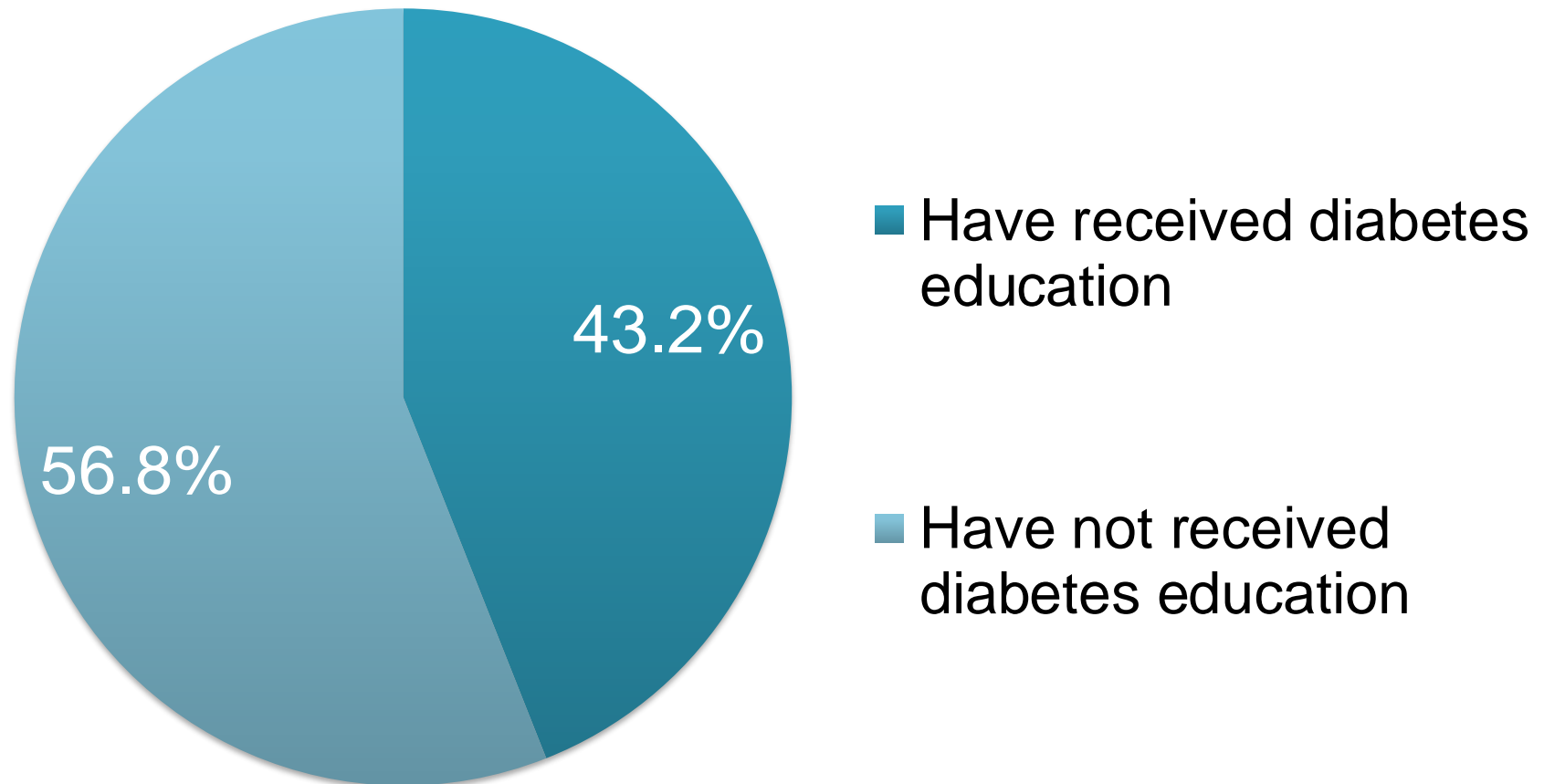


Where is DM Education Done

- Community/Sr. Centers
- YMCA's
- Hospitals/Private Practices/Clinics
- Skilled nursing facilities
- Durable medical equipment supply companies
- Home health agencies
- Federally Qualified Health Centers
- Pharmacies
- On-Line (rural areas, or through employee health benefit)

Diabetes Education Underutilized

- Few people with diabetes receive diabetes education...



The Need for Diabetes Education

- Diabetes Self-Management Training (DSMT)
 - Covered by Medicare and most health plans
- Healthy People 2020 priority: goal is a target of 62.5%



Diabetes

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Overview

Objectives

Interventions & Resources

National Snapshot

National Data



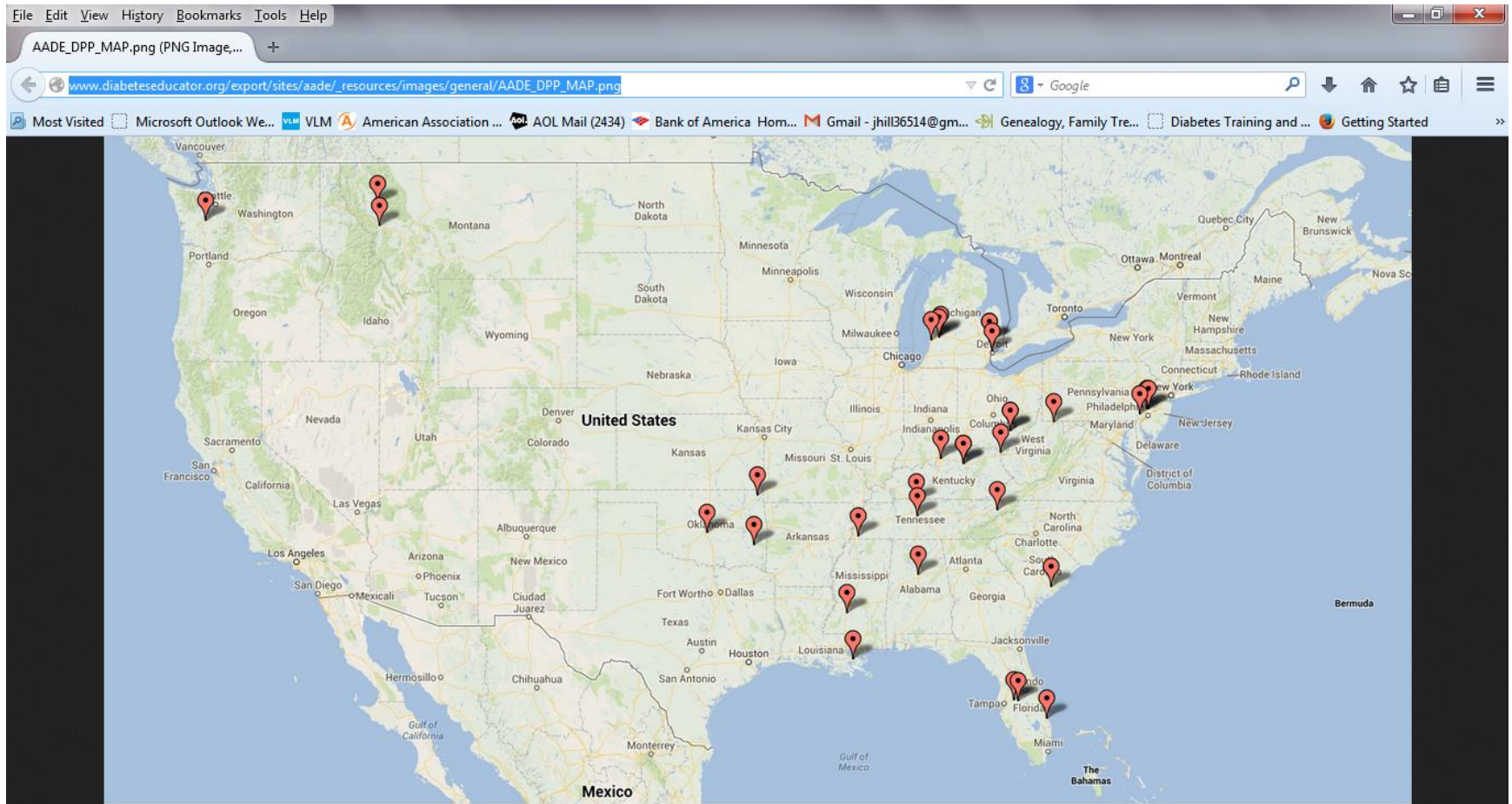
Reduce DM Eye Disease by Preventing DM

DIABETES PREVENTION PROGRAM (DPP)

- 16 week curriculum
- On Line or in person
- f/u after completion of sessions
- CDC recognized

<http://www.cdc.gov/DIABETES/prevention/index.htm>

AADE DIABETES PREVENTION PROGRAMS

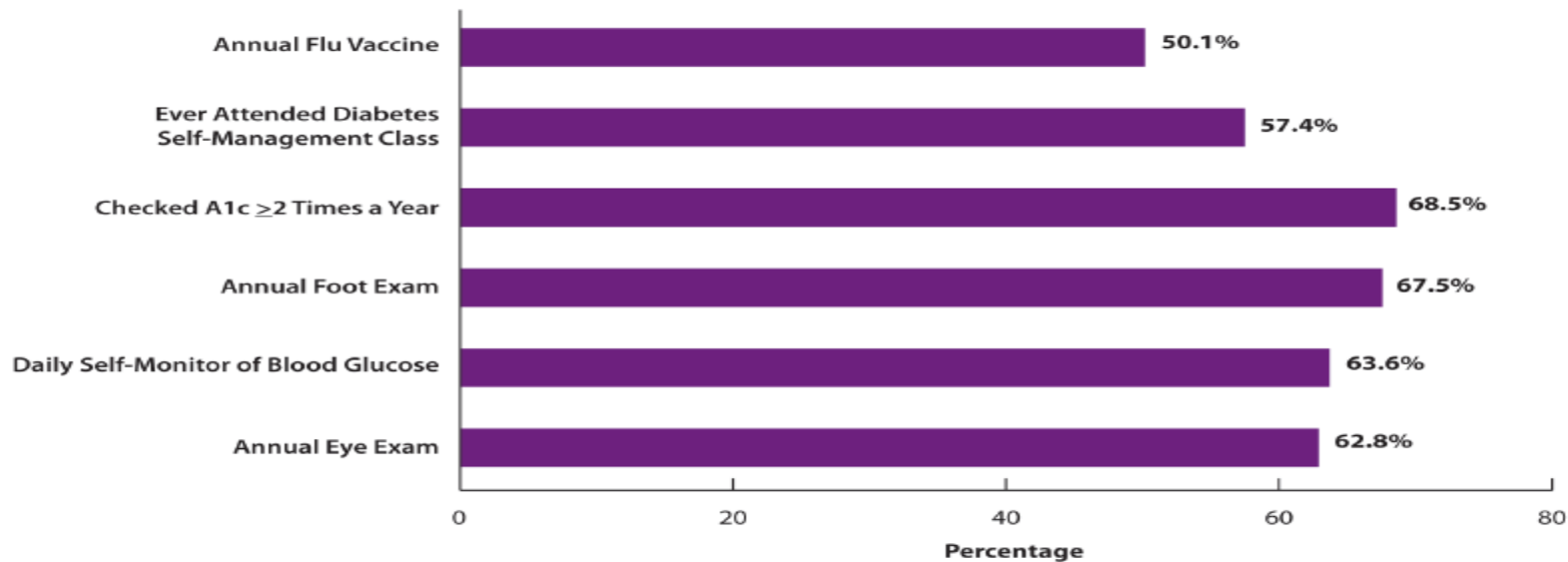


http://www.diabeteseducator.org/export/sites/aade/_resources/images/general/AADE_DPP_MAP.png



The Health Care System is Changing

Figure 4. Percentage of U.S. Adults Aged ≥ 18 Years with Diabetes Who Report Receiving Preventive Care Practices, 2009–2010



Data were age adjusted. See Technical Notes for more details.

Source: National Diabetes Surveillance System, Behavioral Risk Factor Surveillance System data.



Resources

- Find a diabetes educator:

<https://nf01.diabeteseducator.org/eweb/DynamicPage.aspx?Site=AADE&WebCode=AADEDiaEduDirectory>

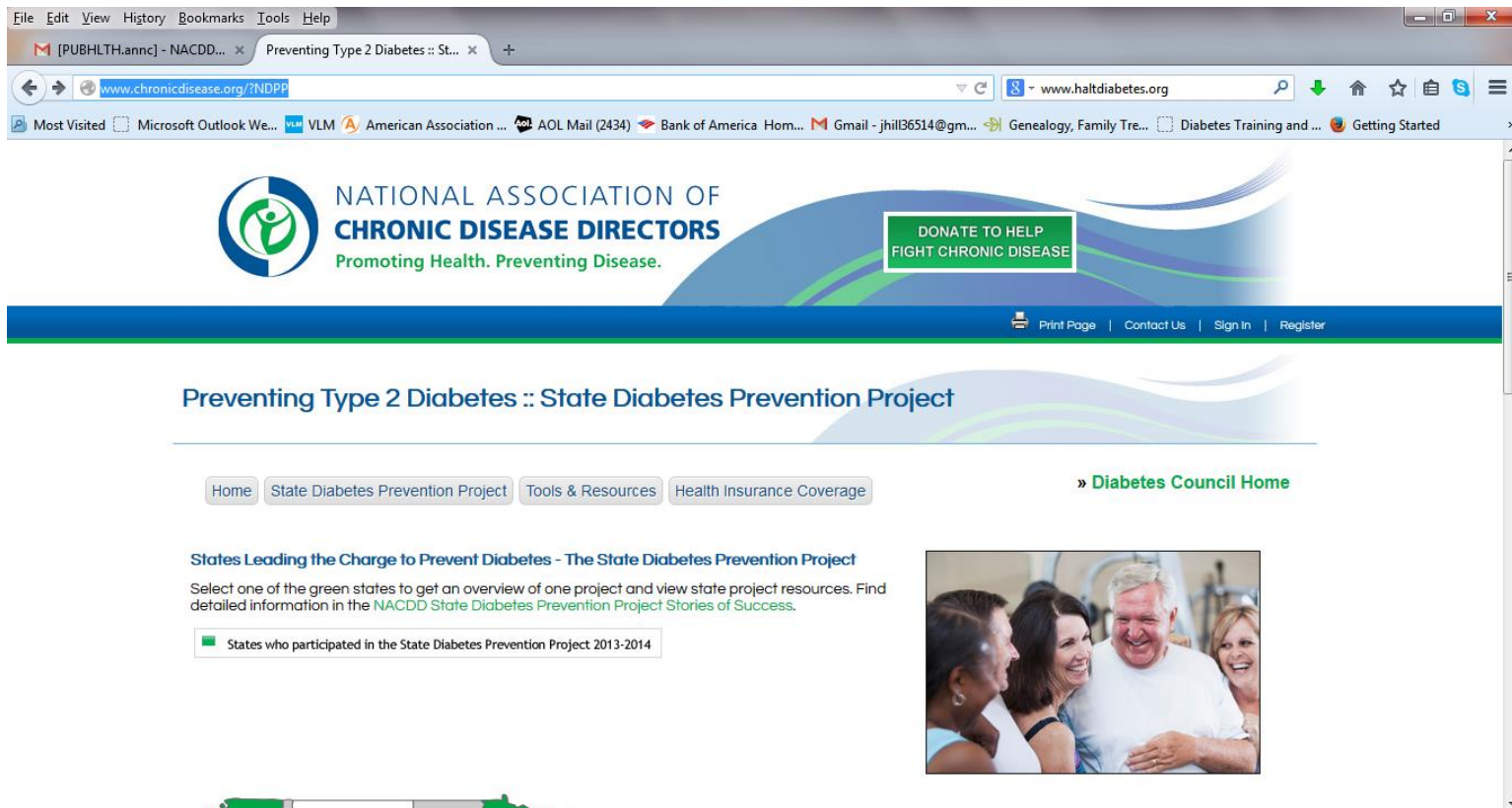
- Training about DM/Blindness

- <http://training.preventblindness.org/?q=node/85>

- <http://www.diabetesvision.org/diabetesvision>



<http://www.chronicdisease.org/?NDPP>




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[PUBHLTH.annc] - NACDD... Preventing Type 2 Diabetes :: St...

www.chronicdisease.org/?NDPP

www.haltdiabetes.org

Most Visited Microsoft Outlook We... VLM American Association ... AOL Mail (2434) Bank of America Hom... Gmail - jhil36514@gm... Genealogy, Family Tre... Diabetes Training and ... Getting Started

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Preventing Type 2 Diabetes :: State Diabetes Prevention Project


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States Leading the Charge to Prevent Diabetes - The State Diabetes Prevention Project

Select one of the green states to get an overview of one project and view state project resources. Find detailed information in the [NACDD State Diabetes Prevention Project Stories of Success](#).

States who participated in the State Diabetes Prevention Project 2013-2014





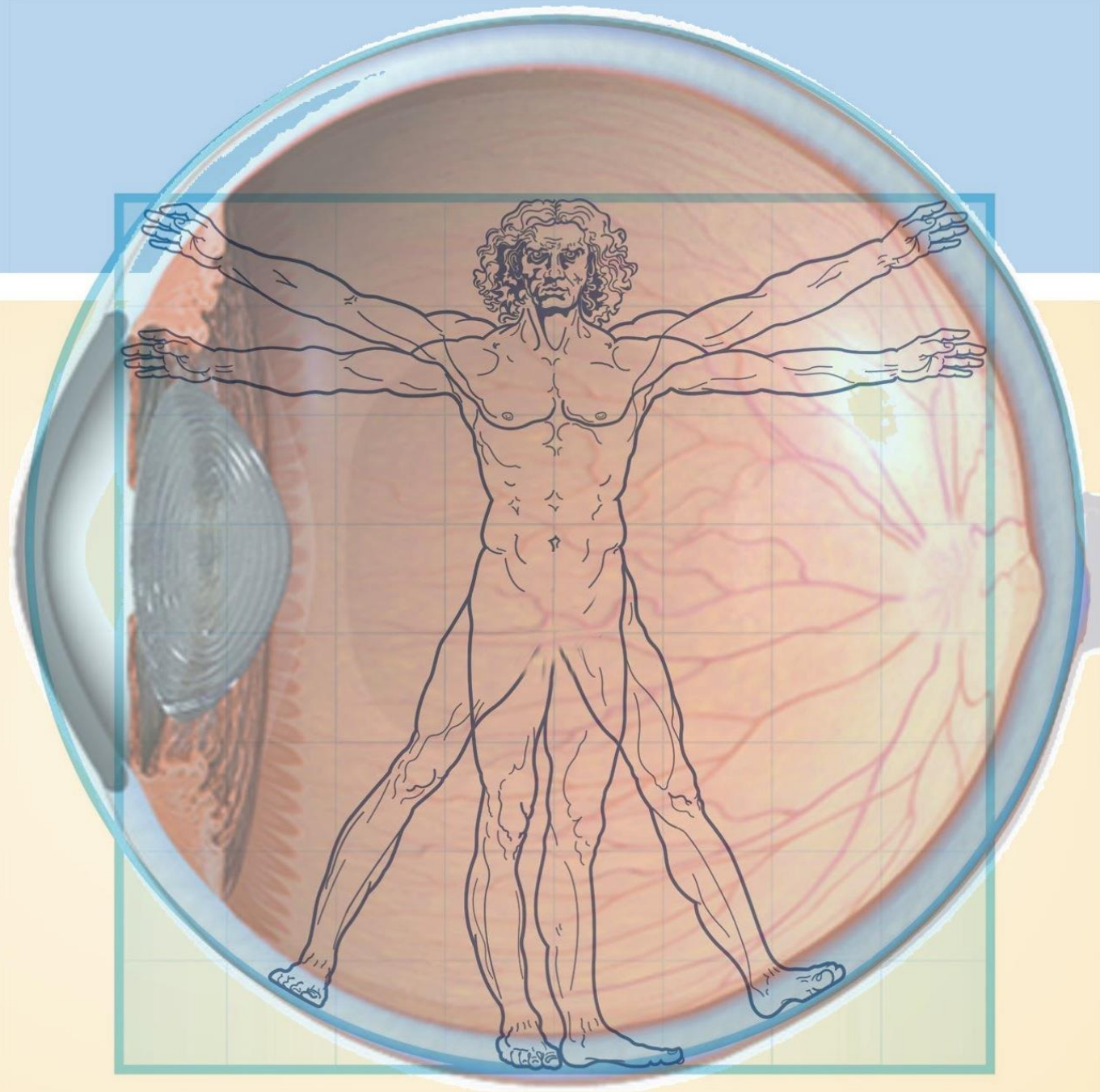
Educated Patient Lives the Longest



Living 80 with DM!



Thank you!





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