Cost of Vision Problems

The Economic Burden of Vision Loss and Eye Disorders in the United States

Presented by John Wittenborn





Overview

- The 2007 burden estimate
- Consensus guidelines
- Costs included
- Results
- Sensitivity analyses
- Comparison to the 2007 burden estimate
- Limitations





The 2007 Burden Estimate

- The Economic Impact of Vision Problems
 The Toll of Major Adult Eye Disorders, Visual
 Impairment and Blindness on the U.S. Economy
 - Released in 2007
 - Based on two separate but complementary studies
 - Rein et al 2006
 - Frick et al 2007



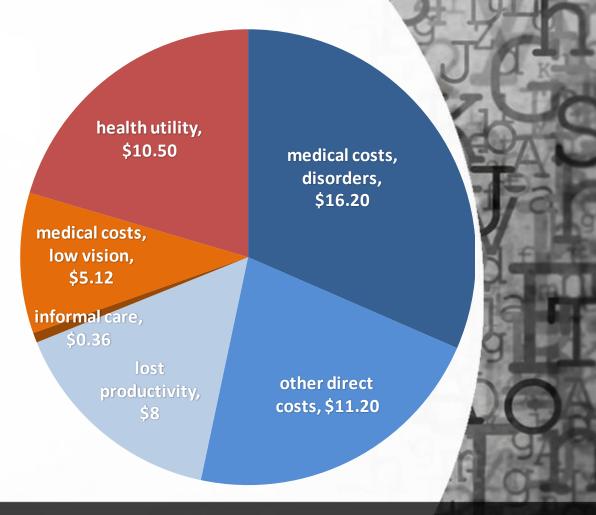
The 2007 Burden Estimate

- Rein et al
 - Calculated direct medical costs from Medicare and MarketScan claims for 4 diseases
 - macular degeneration, cataracts, glaucoma, and diabetic retinopathy
 - Estimated other direct and indirect costs
 - Government programs, long-term care placement, productivity losses
- Frick et al
 - Econometric analysis of MEPS data
 - Medical costs of low vision
 - Informal care costs
 - Loss of well-being



The 2007 Burden Estimate

- \$51.4bn in 2004
 - + \$35.4bn fromRein et al
 - \$16bn fromFrick et al





The 2007 PBA Burden Estimate

- Limitations
 - Did not include the population younger than age 40
 - Medical costs limited claims costs of 4 major agerelated eye diseases
 - Medical claims do not include many vision-related costs
 - Estimates based on 2004
 - Data from the 90's and early 2000's



Consensus vision burden guidelines

- Consensus guidelines for economic analyses of vision released in 2010 (Frick et al 2010)
- Defined analysis perspectives and cost categories

Cost Category	Perspective			
	Government	Insurance	Patient	Comprehensive
Direct Costs				
Medical costs	\checkmark	$\overline{\checkmark}$	\checkmark	$\overline{\checkmark}$
Other health costs	\checkmark	\checkmark	\checkmark	$\overline{\checkmark}$
Aids/adaptations	\checkmark		\checkmark	$\overline{\checkmark}$
Indirect Costs				
Productivity loss	\checkmark		\checkmark	$\overline{\checkmark}$
Caregivers	\checkmark		\checkmark	$\overline{\checkmark}$
Deadweight loss				$\overline{\checkmark}$
Loss of well-being			\checkmark	$\overline{\checkmark}$

Updating the economic cost estimate

- CDC-funded a project to estimate economic burden in the population younger than age 40 in 2011-2012
 - Currently online ahead of print in Ophthalmology
- Early 2013 PBA sponsored project to update the costs for the population aged 40 and older



Prevalence of low vision

- Prevalence of low vision for ages 40 and older based on NEI-sponsored metaanalyses of epidemiological studies
 - Best-corrected acuity
- Prevalence of low vision ages 12-39 based on 2005-2008 National Health and Nutrition Examination Survey (NHANES) data
 - Autorefractor corrected acuity
- Prevalence for ages 0-11 imputed from incidence rates



Medical Costs

- 2003-2008 Medical Expenditure Panel Survey (MEPS)
 - Self-reported treated prevalence of medical conditions
 - MEPS assigns 3-digit diagnosis codes
 - Expenditures confirmed by providers
 - Includes expenditures from all payers



Medical Costs

Diagnosed disorders

 Costs econometrically attributable to any diagnosis related to vision, eyes, or the ocular adnexa

Undiagnosed low vision

 Costs econometrically attributable to self-reported low vision, but no diagnosis

Vision correction

- Costs for non-medical optometry visits and vision aids
- Captured and reported separately by MEPS
- Calculated using an accounting approach



Other Direct costs

- Low vision aids and devices
- Special education
- School screening
- Dog guides
- Assistance programs











Productivity losses

- Survey of Income and Program Participation
- Median income level by self-reported vision status
 - self-reported difficulty seeing = moderate impairment
 - self-reported inability to see printed words = blindness
- Productivity losses equal to the product of:
 - The reduction in income associated with moderate impairment and blindness
 - the prevalence of moderate impairment and blindness





Long-term Care Costs

Nursing home costs

- Vision attributable long-term care utilization estimated based on data from the National Nursing Home Survey and Baltimore Eye Study
- Cost of nursing home based on 2011
 Genworth Financial Cost of Care Survey

Skilled nursing facility

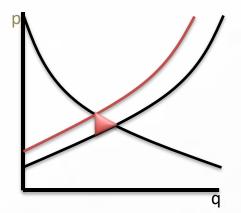
Excess Medicare claims for SNF among persons with low vision



Other indirect costs

- Informal care
- Entitlement programs
- Tax deductions
- Deadweight loss











Loss of well-being and disability

- Disability adjusted life years (DALYs)
 - Disability weights from the recently released
 Global Burden of Disease Project
- Quality adjusted life years (QALYs)
 - Alternative measure
 - Based on utility estimates in the literature



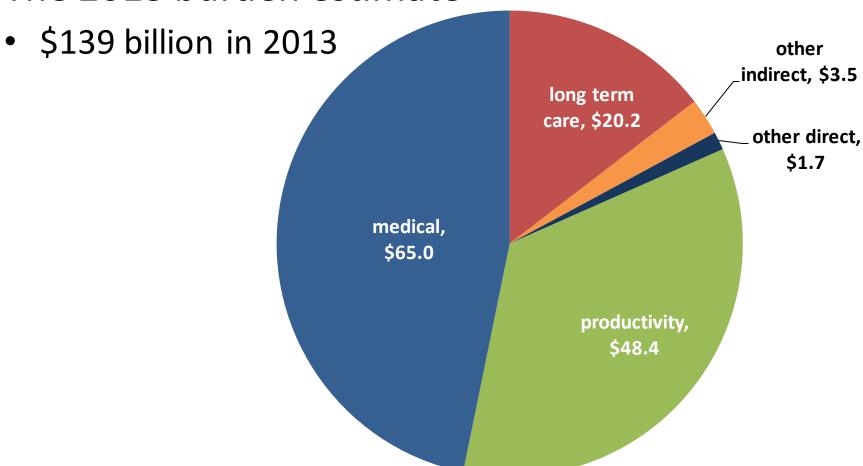
RESULTS





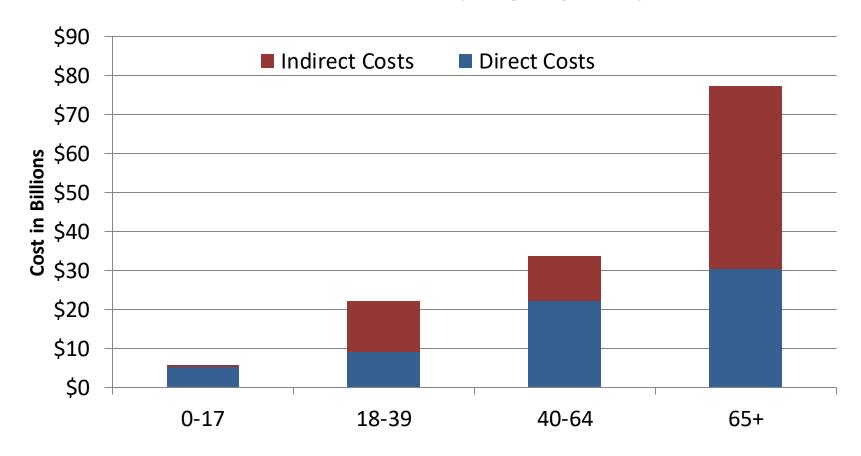


The 2013 burden estimate



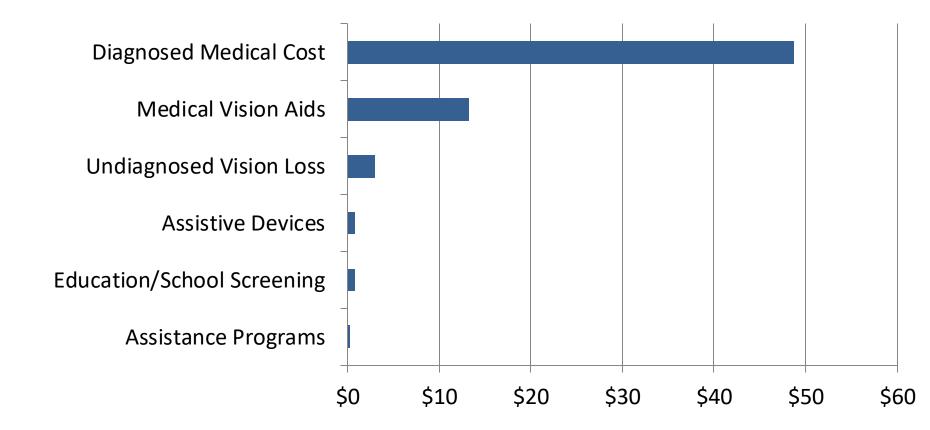


Direct and indirect costs by age group, \$bns



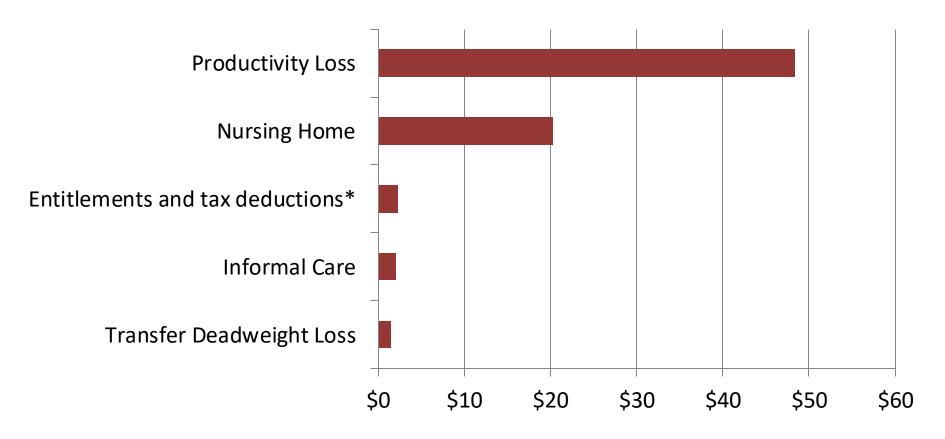


Direct costs by cost category, \$bns





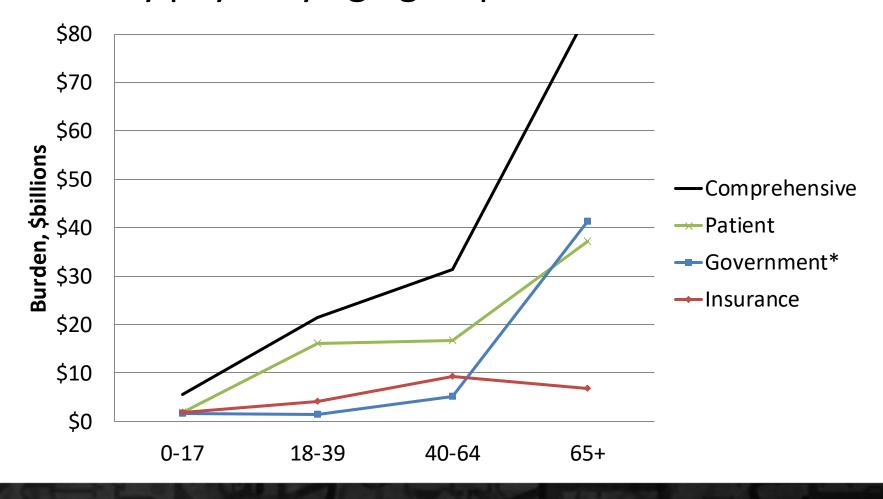
Indirect costs by cost category, \$bns



*Not included in comprehensive costs

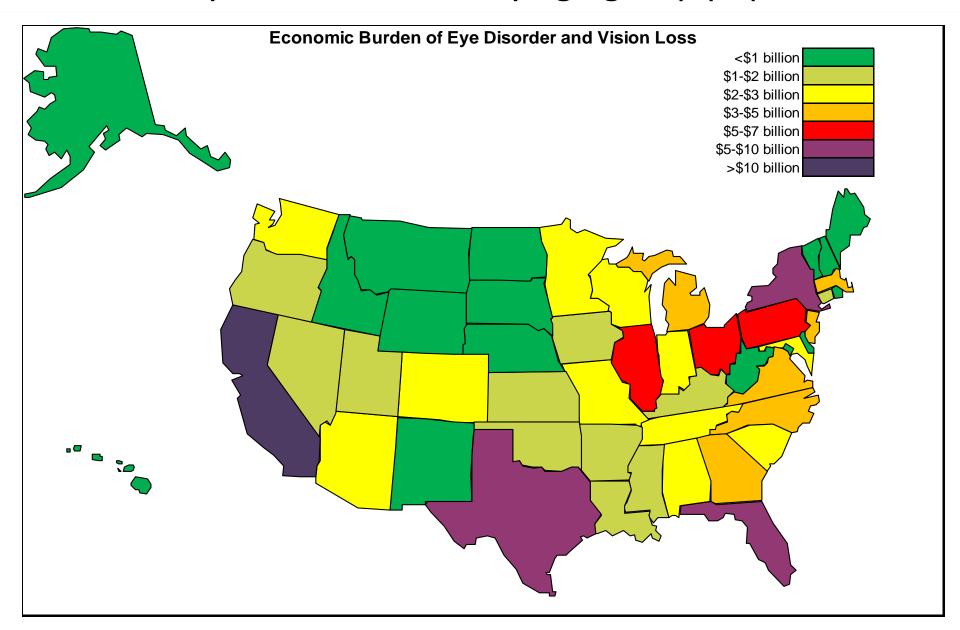


Costs by payer by age group

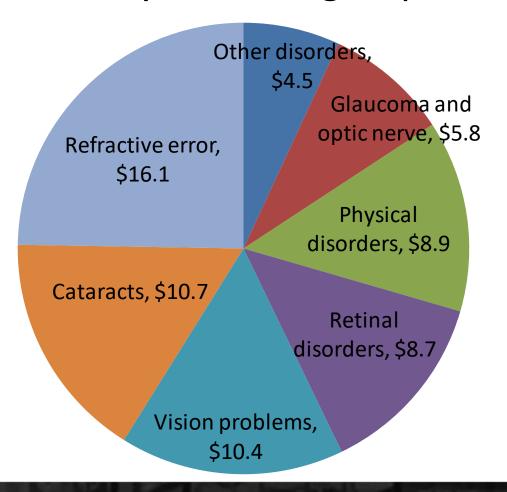




Burden by state, allocated by age group population

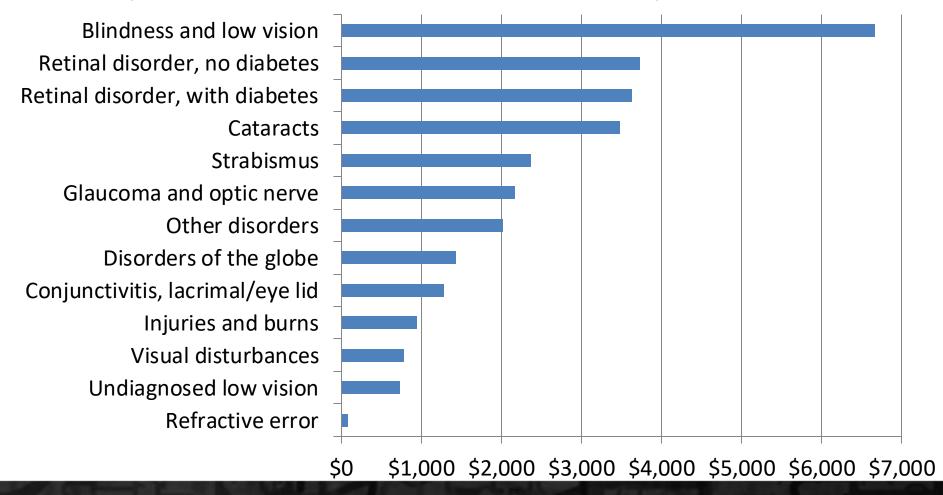


Medical costs by disorder group, \$bns





Per-person annual medical costs by disorder

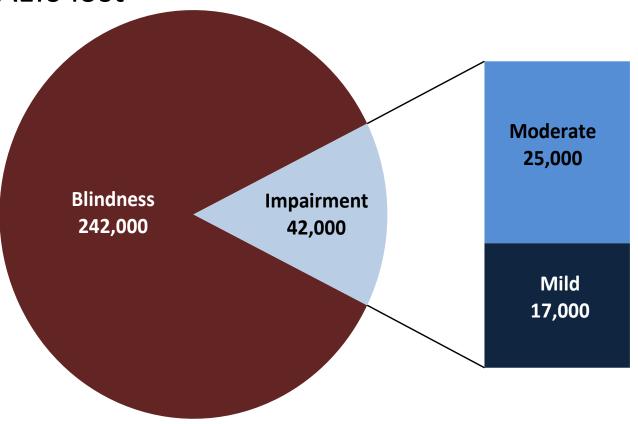






Loss of well-being: Disability adjusted life year losses

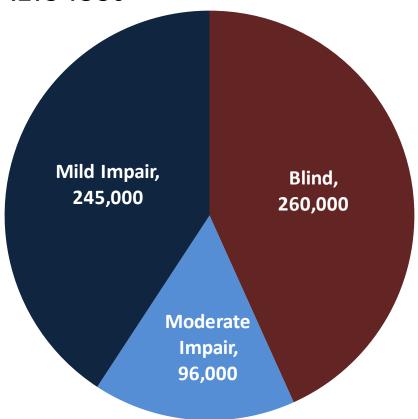
• 283,000 DALYs lost





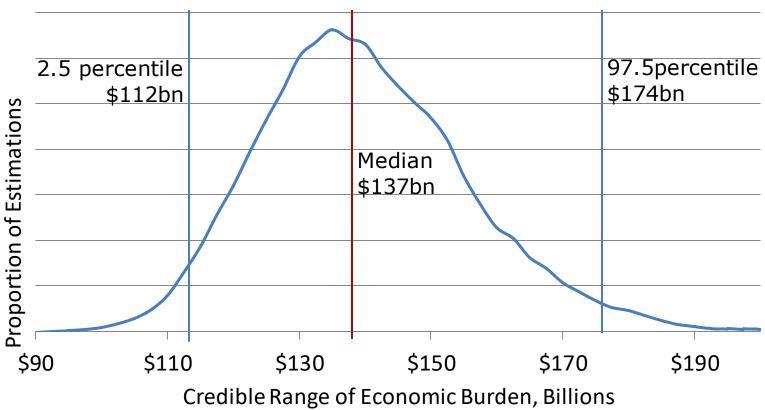
Loss of well-being: Quality adjusted life year losses

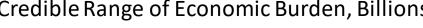
• 601,000 QALYs lost





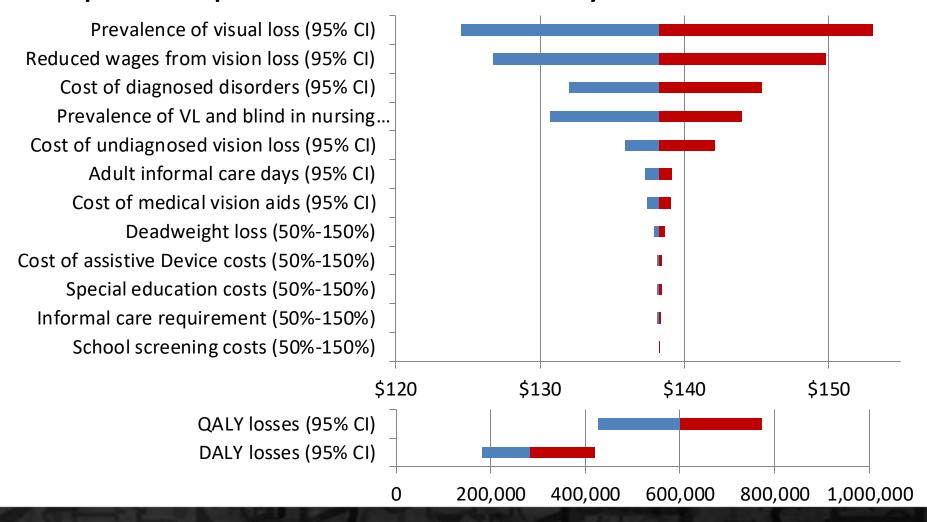
95% Credible interval of burden estimates





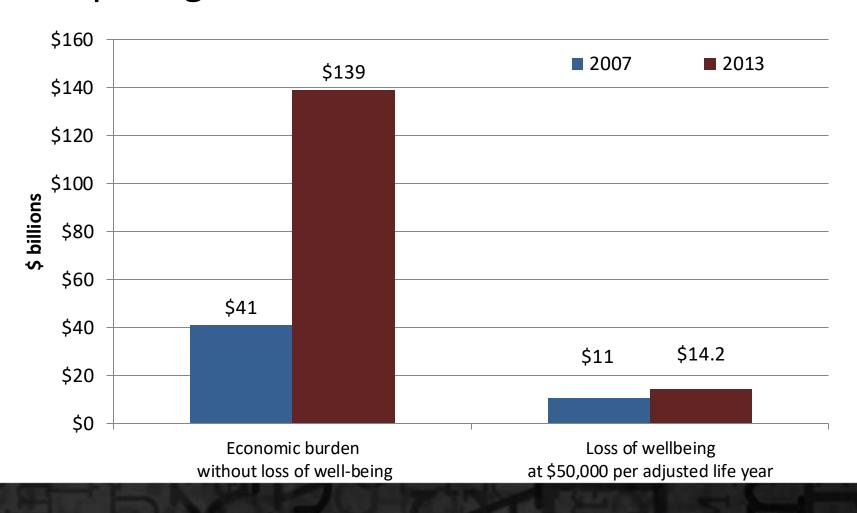


Impact of parameter uncertainty





Comparing to 2007 burden estimate







Comparing to 2007 burden estimate

- Why do costs apparently increase so much?
 - Broader analysis
 - Includes younger than age 40
 - More eye conditions
 - More cost categories
 - More costs reflected in MEPS than claims
 - Out-of-pocket and vision insurance payments
 - Medicare prescription drugs
 - Optometry visit costs
 - Methodology differences
 - "Top down" econometric approach captures costs of non-eye care procedures (i.e., injuries, depression, lower physical activity, higher treatment costs)



Comparing to 2007 burden estimate, \$bn

Cost Category	2007 Estimate	2013 Estimate
Age 40+ Medical Costs	2013 \$	
AMD, glaucoma, cataracts, diabetic retinopathy	\$14.4 \$ 10.7	\$24.6
Vision aids	\$7.4 \$5.5	\$8.4
Low vision	\$6.9 \$5.1	\$ 2.5 ^a
Other optometry visit costs	na	\$1,8
Additional adult disorders	na	\$14.4
Age 0-39 Medical Cost	na	\$13.2
Productivity Losses		•
Ages 40-64 only	\$9.8 \$8.0	\$10.8
Other ages	na	\$37.6
Long-term and Informal Care		
Nursing home care	\$14.7\$ 11.0	\$20.2
Informal care	\$0.4 \$0.4	\$2.1
Dog guides and Government Assistance	\$0.2\$ 0.16	\$0.3
Other Direct and Indirect Costs	na	\$5.19 ^b
Monetized Quality of life	\$10.5	na
Total	\$53.9\$51.4	\$69.0 \$139.0

^a Controlling for diagnosed disorders in 2013

^b Includes \$2.2n in transfer payments not in Total

Limitations

- Major assumptions
 - Mixing vision loss prevalence data
 - Self-reported vision loss for productivity loss
- Uncertainty in important parameters
 - Prevalence of vision loss
 - Impact of vision loss on wages and employment
 - Self-reported eye disorder prevalence
 - Nursing home placement due to vision loss
- Excluded costs
 - Monetized well-being, mortality, primary care screening



Conclusions

- The estimated burden more than doubled from the 2007 estimate
 - Primarily due to broader perspective and more current and comprehensive cost data
- Vision loss and eye disorders are among the costliest health conditions in the United States
 - High direct and indirect costs
 - Likely to continue to increase due to an aging population and growth in medical costs







Thank You!





Funding provided by Prevent Blindness America and the US Centers for Disease Control and Prevention

The findings and conclusions in this paper are those of the author and do not necessarily represent the official position of NORC at the University of Chicago, Prevent Blindness America, or the Centers for Disease Control and Prevention.

For more information:

John Wittenborn 1-312-519-5718 Wittenborn-John@norc.org

JohnSWittenborn@gmail.com

