

The New Performance Standards and Your Vision Screening Program



### Janet Schultz, PNP-BC, ARNP

Certified Pediatric Nurse Practitioner with 35+ years of public health experience in the fields of pediatric and maternal child health.



Head Start liaison to the National Institutes of Health's National Eye Institute preschool vision project since 1995

9 years onsite at the Office of Head Start (OHS) in Washington D.C., providing intensive support and expertise to Program Specialists responsible for AIAN Head Start and EHS grantees in 26 states.

Conducted many trainings for HS/EHS staff and parents on behavioral, physical and oral health issues.

No affiliation with any pharmaceutical or instrument sales



### P. Kay Nottingham Chaplin, EdD

- so 16 years in vision screening field
- Former Director/Lead Trainer Vision Initiative for Children West Virginia University Eye Institute



- Member –Advisory Committee to the National Center for Children's Vision and Eye Health at Prevent Blindness
- So Current Education and Outreach Coordinator for the National Center for Children's Vision and Eye Health at Prevent Blindness
- Sourrent Director Vision and Eye Health Initiatives at Good-Lite and School Health Corporation
- $\bowtie$  Not in sales  $\ldots$  The opinions expressed in this presentation are solely those of the presenter based on research and professional experience.



## Kira Baldonado

so 14 years in children's vision screening and eye health field

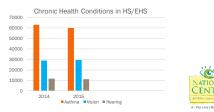


- Director- National Center for Children's Vision and Eye Health at Prevent Blindness (NCCVEH)
- So Coordinates strategic and programmatic efforts of the NCCVEH, including its National Expert Panel, Advisory Committee, Federal-level relationships, and state-level program initiatives
- Have published, presented, and developed resources to support strong vision and eye health programs for children
- The opinions expressed in this presentation are solely those of the presenter based on research and professional experience and do not reflect the opinions of program funders or specific organizations.



### Vision- A Top Health Issue for Children

- so Of 1M Children enrolled in HS/EHS Programs...
  - $30,000+\mbox{children}$  with a diagnosed vision problem (3% of all children in HS/EHS programs)
  - 2<sup>ND</sup> MOST COMMON CHRONIC HEALTH ISSUE FOR HEAD START/EARLY HEAD START (after asthma)



#### 1302.42 Child health status and care.

(a) Source of health care. (1) A program, within 30 calendar days after the child first attends the program or, for the home-based program option, receives a home visit, must consult with parents to determine whether each child has ongoing sources of continuous, accessible health care – provided by a health care professional that maintains the child's ongoing health record and is not primarily a source of emergency or urgent care – and health insurance coverage.



### 1302.42 Child health status and care

- (2) If the child does not have such a source of ongoing care and health insurance coverage or access to care through the Indian Health Service, the program must assist families in accessing a source of care and health insurance that will meet these criteria, as quickly as possible.
- (ii) Assist parents with making arrangements to bring the child up-to-date as quickly as possible; and, if necessary, directly facilitate provision of health services to bring the child up-to-date with parent consent as described in §1302.41(b)(1).



### 1302.42 Child health status and care

- (2) Within 45 calendar days after the child first attends the program or, for the home-based program option, receives a home visit, a program must either obtain or perform evidence-based vision and hearing screenings.
- (3) If a program operates for 90 days or less, it has 30 days from the date the child first attends the program to satisfy paragraphs (b)(1) and (2) of this section.



### 7 Critical Vision Development Milestones to Monitor From Birth to 1<sup>st</sup> Birthday



AGE (Though milestones may vary up to 5 weeks; refer if eyes not straight by 5 <sup>th</sup> mo.)	MILESTONE	IMPORTANCE OF MILESTONE	QUESTIONS TO ASK OR BEHAVIORS TO MONITOR	NEXT STEPS
By 5 <sup>th</sup> month	4 <sup>th</sup> Milestone Keenly watching hand movements of other children and adults and beginning to copy those hand movements	<ul> <li>Keenly observing hand movements of others and starting to copy those hand movements leads to goal-directed reaching and grasping, which begins the process of learning from imitation, and understanding actions and goals of others.</li> </ul>	<ul> <li>Is baby keenly watching hand movements of other children and adults? (If 'no', move to Next Steps.)</li> <li>Is baby beginning to copy hand movements of other children and adults? (If 'no', move to Next Steps.)</li> </ul>	<ul> <li>Refer for eye exam to assess all parts of the visual system to determine why baby is not keenly vaching and beginning to copy hand movements of other children and adults.</li> <li>Refer to Birth to Three Early Intervention program for assistance in heiping baby observe and begin to copy hand movements of other children and adults.</li> </ul>
By 5 <sup>th</sup> month	5 <sup>th</sup> Milestone <ul> <li>Eyes are straight and do not appear to cross or drift</li> </ul>	<ul> <li>Eyes must be straight for good binocular vision to develop.</li> </ul>	Are baby's eyes straight? (if "no", move to Next Steps.) Do baby's eyes ever appear to cross or appear to cross or appear to cross or appear to cross or appear to cross or to Next Steps.)	If baby's eyes appear to turn in or out after age 4 months, immediately need baby for ege- wisual system to determine the cause of eye misalignment.

### Instrument-Based Screening



So Use instruments OR tests of visual acuity for children ages 3, 4, and 5 years (NCCVEH and AAP)



Danahue, S. P., Baker, C. N., Committee on Practice and Ambulatory Medicine. Section on Ophthalmology, American Association of Certified Orthoptiss, American Association for Pediatric Ophthalmology and Strabismus, American Asademy of Ophthalmology (2016), Procedures for the evaluation of the visual system by pediatricans. Pediatrics 137(1), 20155877. Retrieved from or for

Cotter, S. A., Oyert, L. A., Miller, J. M., & Quinn, G. E. for the National Expert Panel to the National Center for Children's Vision and Eye Health. (2015) Vision screening for children 36 to <72 months: Recommended practices. Optometry and Vision Science, 52(1), 6-16. Retrieved from http://www.nchi.dmm.in.gov/pmc/articles/PMC62743364/dmm.25-20.6.

#### Instruments "Approved" by NCCVEH

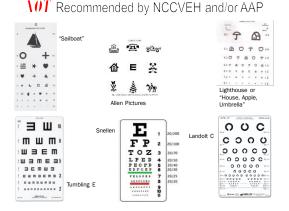




Welch Allyn<sup>®</sup> Spot<sup>™</sup> Vision Screener

plusoptiX Portable S12C Vision Screener





### Preferred Optotypes for Ages 3 to 7 Years

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- NCCVEH
- AAP

 Recommend LEA SYMBOLS<sup>®</sup> and HOTV letters as optotypes

Cotter, S. A., Cyert, L. A., Miller, J. M., & Quinn, G. E. for the National Expert Panel to the National Center for Children's Vision and Eye Health. (2015). Vision screening for children 36 to <72 months: Recommended practices. *Optometry and Vision Science*, 92(1), 6-16. Retrieved from http://www.nch.nlm.nh.gov/pmc/anticles/PM-4274338/pdl/ops/92-06.pdl Donahue, S. P., Baker, C. N., Committee on Practice and Arrbuelatory Medicine, Section on Ophthalmology, American Association of Certified Orthopists, American Association for Pedatric Ophthalmology and Strabianus, American Academy of Ophthalmology (2016). Procedures for the evaluation of the visual system by pediatricians. *Pediatrics*, 137(1), e2015397 Retrieved from http://pedatrics.asgociation.org.*exottery*.comtext.c

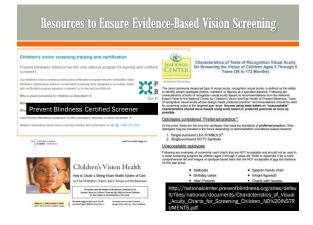


Research supports using single, LEA SYMBOLS® optotypes surrounded with crowding bars at 5 feet for children ages 3, 4, and 5 years





Unacceptable	Occluders Ages 3, 4, and 5 years
Hand	• Why unacceptable?
Tissue	<ul> <li>Children can easily peek</li> </ul>
Paper or plastic cup	
Cover paddle	NATIONAL





### 1302.44

(b) Ensuring up-to-date child health status. (1) Within 90 calendar days after the child first attends the program or, for the home-based program option, receives a home visit, with the exceptions noted in paragraph (b)(3) of this section, a program must:



### 1302.44

(i) Obtain determinations from health care and oral health care professionals as to whether or not the child is up-todate on a schedule of age appropriate preventive and primary medical and oral health care, based on: the wellchild visits and dental periodicity schedules as prescribed by the Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) program of the Medicaid agency of the state in which they operate, immunization recommendations issued by the Centers for Disease Control and Prevention, and any additional recommendations from the local Health Services Advisory Committee that are based on prevalent community health problems;

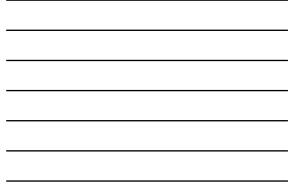


### 1302.44

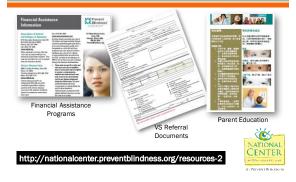
(ii) Assist parents with making arrangements to bring the child up-to-date as quickly as possible; and, if necessary, directly facilitate provision of health services to bring the child up-to-date with parent consent as described in §1302.41(b)(1).







Resources to Support Families . . .



### **Engage Peer Support Systems**

- Parent-to-parent
  - I did this...
  - You can try this...
  - My eye doctor told me this...
  - · Personal referrals [of doctors, resources]
- Personal advocates (for appointments)
- Provide translations
- · Help parents access or get child to an eye appointment
- Peer support in treatment adherence
- o Provide educational sessions to other parents and children
- Provide educational sessions to other particulations and the session of the HS program and the session of the s



#### Communication is key!

- Use multiple approaches to obtain outcomes for referrals
- Promote engaging the medical home
- Support treatment plans and engage VI specialists if needed
- so Develop relationships

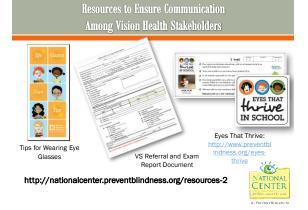




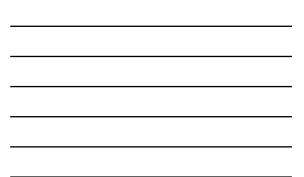
#### Establish Community Provider Relationships

- Meet area eye care providers and discuss the needs of HS families
- Create a resource listing local providers, hours of operation, insurance accepted, location on bus line, and ages seen (potential project for a parent or college student)
- Invite providers to visit your program and talk with the families/children about vision













### Conclusion of today's presentation

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### Additional Educational Opportunities at the NHSA Conference 2017

Session Title	Session #	Date	Time	Location
The New Performance Standards and Your Vision Screening Program	111	04/08/17	09:00 AM - 10:30 AM	Plaza Ballroom B – Hyatt Regency Chicago
Putting Healthy Vision in Sight – Critical Steps for Your Program	101	04/08/17	11:00 AM - 12:00 PM	Skyway 272 – Hyatt Regency Chicago
Birth to Three Study: Evaluation of a novel vision screening tool for detection of vision disorders.	208	4/09/17	02:00 PM - 03:30 PM	Skyway 265 — Hyatt Regency Chicago
From Birth to the 1 <sup>st</sup> Birthday: 7 Critical Vision Development Milestones to Monitor	175	04/09/17	04:00 PM - 05:00 PM	Columbus AB – Hyatt Regency Chicago
Implementing an Instrument – Based Vision Screening Program? What You Need to Know	181	04/10/17	09:00 AM - 10:30 AM	Michigan 1 – Hyatt Regency Chicago

AT PRIMING ROBINS