

# Living Well With Low Vision lowvision.preventblindness.org



What is Low Vision?

Low Vision is defined as vision loss that cannot be corrected by medical or surgical treatments or conventional eyeglasses (American Academy of Ophthalmology).

# What is the Living Well With Low Vision website?

The Living Well With Low Vision website makes it possible for people to educate themselves about loss of vision and how to meet the daily challenges resulting from it. The website hopes to provide practical ways for people to improve their quality of life and relieve any emotional trauma that may accompany vision loss. Website content and accessibility are guided by site founder and patient advocate Dan Roberts (who serves as editor-in-chief) as well as the all-volunteer Living Well With Low Vision Advisory Committee.

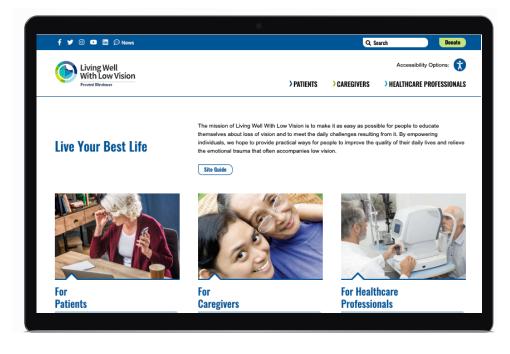
# Who should use the Living Well With Low Vision website?

Resources are customized for each of these groups:

- Patients
- Caregivers
- Health Care, Mental Health, or other Providers



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#### What are some examples of resources I can find?

#### Low Vision Resource Directories

The website offers a number of Resource Directories for people living with low vision, including:

- U.S. Agencies, Centers, and Societies
- International Agencies, Centers, Organizations, and Societies
- Transportation Services Directory
- Assistive Technology Products; Suppliers of Low Vision
- Devices Suppliers of Reading Materials in Large Print and Braille
- Suppliers of Audio Reading Materials
- Finding a Doctor
- Top Hospitals for Eye Care
- Vision-Related Websites

## **Patient Guides and Publications**

Many of the online guides in the patient and caregiver sections of Living Well With Low Vision, such as the "Self-Help Guide to Non-Visual Skills" and "The ABC's of Caring for the Visually Impaired handbook" are available to download or you can request a print copy.

### **GuideMe Apps**

GuideMe is a resource for those who have been recently diagnosed with an eye disease, their family members and caregivers. Individuals can fill out a short online questionnaire about themselves and their diagnosis to create a customized guide with helpful information, tips, resources and steps they can take to be proactive about protecting their vision and maintaining their quality of life and independence. Currently, GuideMe apps are available in the topics of age-related macular degeneration and diabetes-related eye disease.

For more information, visit: lowvision.preventblindness.org