



**Prevent  
Blindness**

**Our Vision Is Vision.**

# Critical Conversations About Glaucoma

**Tuesday, January 20 | 3:00pm CT**

# Panelists:



***Moderator:***

**Hillary A. Golden**  
Glaucoma Coach



**Karen Allison, MD, MBA, FACS**  
University of Rochester Medical



**Pathik P. Amin, OD, FAAO**  
University of Illinois at Chicago



**Jeanetta Price**  
Prevent Blindness

# Resources:



**The Glaucoma  
Community**  
Prevent Blindness



Scan to visit TGC

**Visit the website or download the app TODAY!**  
**[PreventBlindness.org/Glaucoma-Community](https://PreventBlindness.org/Glaucoma-Community)**

# HOW TO PUT **Eye Drops** IN YOUR EYES



- Wash your hands with water and soap.



- Check your eye drop bottle to make sure it is not expired.



- Remove the cap carefully, avoiding touching the inside of the cap to prevent contamination, and place to the side.



- Sit on a reclined chair or lie down.



- Pull your lower lid down with your finger, tilt the bottle down, gently squeeze the bottle, and then place a drop in your eye. Don't let the tip of the bottle touch your eye or face.



- Repeat for the other eye (if needed).



- Place the cap back on the bottle carefully and wipe any excess drops from your face with a clean tissue.



- If you are using different eye drop medications in the same eye, wait the appropriate amount of time between doses as instructed by your doctor.



Scan the QR code with your smartphone camera to learn how to take your eyedrops.

# Resources:

## Glaucoma Financial Assistance information

- Patient Assistance Programs
- Eye exams, vision care, and treatment
- Prescription savings
- Other resources



Scan the QR code with your  
smartphone camera for  
more information about  
Glaucoma Financial assistance

# Resources:

## ASPECT Patient Engagement Program

- Free program for training in advocacy- personal to formal
- Meet other individuals who have or care for those with vision diseases or disorders
- Shape your own personal story of your vision journey
- Find purpose by helping to improve vision and eye health practice, policy, or research



Scan the QR code with  
your smartphone  
camera to learn more  
about ASPECT

# Resources:

## Living Well with Low Vision Web Resource

- Goal: To make it as easy as possible for people to educate themselves about loss of vision and to meet the daily challenges resulting from it.
- Resources for patients, care partners, and professionals
- Personal guides, support groups, transportation service finder, clinical trial finder



**Living Well  
With Low Vision**

**Prevent Blindness**



Scan the QR code with  
your smartphone  
camera to learn more  
about LWLV

# Additional Resources:



## **Glaucoma Coach**

<https://glaucomacoach.com/>

